

Tim W. Wood's

Cycles News & Views

Specializing in Dow Theory and Cycles Analysis



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Cycle Turn Indicator Direction and Swing Summary of Select Markets as of the close on May 19, 2026

Market	Daily CTI	Daily Swing	Weekly CTI	Weekly Swing
Industrial	Negative	High	Positive	High
Transports	Positive	Low	Negative	Low
NDX	Negative	High	Positive	High
S&P Inverse Fund	Positive	N/A	Negative	High
CRB Index	Positive	Low	Positive	Low
Gold	Negative	High	Negative	High
XAU	Negative	High	Negative	High
Dollar	Positive	Low	Positive	Low
Bonds	Negative	High	Negative	High
Crude Oil	Positive	Low	Negative	Low
Unleaded	Positive	High	Negative	Low
Natural Gas	Positive	Low	Positive	Low

*Since this fund is quoted at the end of the day it is impossible for the concept of swing highs and lows to apply on a daily level. The primary interests here are the weekly developments.

The daily is representative of the short-term and the weekly is representative of the intermediate-term

Short-term Updates

Note on the Cycle Turn Indicator

The most important indicator we have is the Cycle Turn Indicator and the most important timeframe, at least in my mind, is the intermediate-term. This indicator has proven itself time and time again. In reality, this is all we really need to know. Everything else is secondary. That being said, please be sure to monitor the "Cycle Turn Indicator Direction and Swing Summary" above. Red indicates that a swing high and down turn of the Cycle Turn Indicator has occurred and lower prices should follow. The only exception here is that on the daily stock market signals we also want to see both the slow cycle Turn Indicator and the New High/New Low Differential in agreement with the original Cycle Turn Indicator, which is what is covered in this summary above. Yellow, is cautionary meaning that the Cycle Turn Indicator and the swing are not in agreement, which is typically indicative of a trend change. Green, means that a swing low has occurred and that the Cycle Turn Indicator is positive, which should be followed by higher prices. Again, the only exception here is the daily stock market signals in that we want to see both the slow Cycle Turn Indicator and the New High/New Low Differential in agreement with the original Cycle Turn Indicator, which is what is covered in this summary above. For everything else, all that matters is the formation of a swing and the direction of the Cycle Turn Indicator.

See Notes for New Subscribers at the bottom of the Short-Term Update Page or the Research Letter page for information on understanding Cycles and Swings.

May 19, 2026

Stocks

End of Week Intermediate-Term Indicator Summary Intermediate-Term Buy/Neutral	
Primary Indicators	
Formation of a Weekly Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bullish
CTI on Rydex Tempest Fund *	Bearish
Confirming Indicators	
Trend Indicator (TI)	Bullish
Advance/Decline Issues Diff	Bearish
New High New Low Diff	Bullish
Secondary Indicators	
5 3 3 Stochastic	Bearish
Cycle Momentum Indicator	Bullish
<i>*When this indicator is Bullish it is negative for the market and visa versa.</i>	

Daily Indicator Summary Short-Term Sell	
Primary Indicators	
Formation of a Daily Swing High	Bearish
Cycle Turn Indicator (CTI)	Bearish
Slow Cycle Turn Indicator (CTI)	Bearish
New High/New Low Differential	Bearish
Confirming Indicators	
Trend Indicator (TI)	Bearish
McClellan Intermediate Term Breadth Momentum Oscillator (ITBM)	Bearish
McClellan Intermediate Term Volume Momentum Oscillator (ITVM)	Bearish
McClellan Summation Index	Bearish
McClellan Volume Summation Index	Bearish
Secondary Short Term Indicators	
5 3 3 Stochastic	Bearish
Cycle Momentum Indicator	Bearish
Trading Cycle Oscillator	Bearish
Momentum Indicator	Bearish
Ratio Adjusted McClellan Oscillator Crossover	Bearish
Accumulation/Distribution Index	Bearish

The timing band for the now pending trading cycle low on the Industrials runs between May 8th and May 27th. On Friday the Industrials completed the formation of a daily swing high and with the corresponding downturn of ALL Three of the Primary Short-Term Indicators, a short-term sell signal was triggered in association with the trading cycle top. With a weekly swing high now also in the making, we not only have confirmation of the trading cycle top, but we also have a structural footing for the higher degree intermediate-term cycle top. For this reason, the decline into the pending trading cycle low remains structurally key and based on the overall oscillator picture, the trading cycle low should ideally still lie ahead. At a higher level, with the advance out of the November intermediate-term cycle low having carried the Industrials to new highs, the current setup with the CheckMate Chart proved to be different from the 2000, 2007 and the 2020 setup. However, with the resumption of the rate cutting cycle, while slow in the making, this setup continues taking form and the Equity markets remain at a vulnerable

juncture with regard to the peaking of the 6th long-term economic cycle. This intermediate-term cycle advance remains key with regard to this overall higher degree setup.

The short-term buy signal on Crude Oil and third structural retest of the intermediate-term cycle top remains intact and will continue to do so until a daily swing high AND downturn of the daily CTI are seen. At a higher level, the 3-year cycle low is due later this year or early 2027. However, until a weekly swing high is formed, higher prices will remain possible.

Gasoline completed the formation of a daily swing high on Tuesday and any further weakness that turns the daily CTI down will trigger a short-term sell signal.

The short-term buy signal on Natural Gas also remains intact. The CRB Index triggered another short-term buy signal on Monday and the push into the intermediate-term cycle top continues.

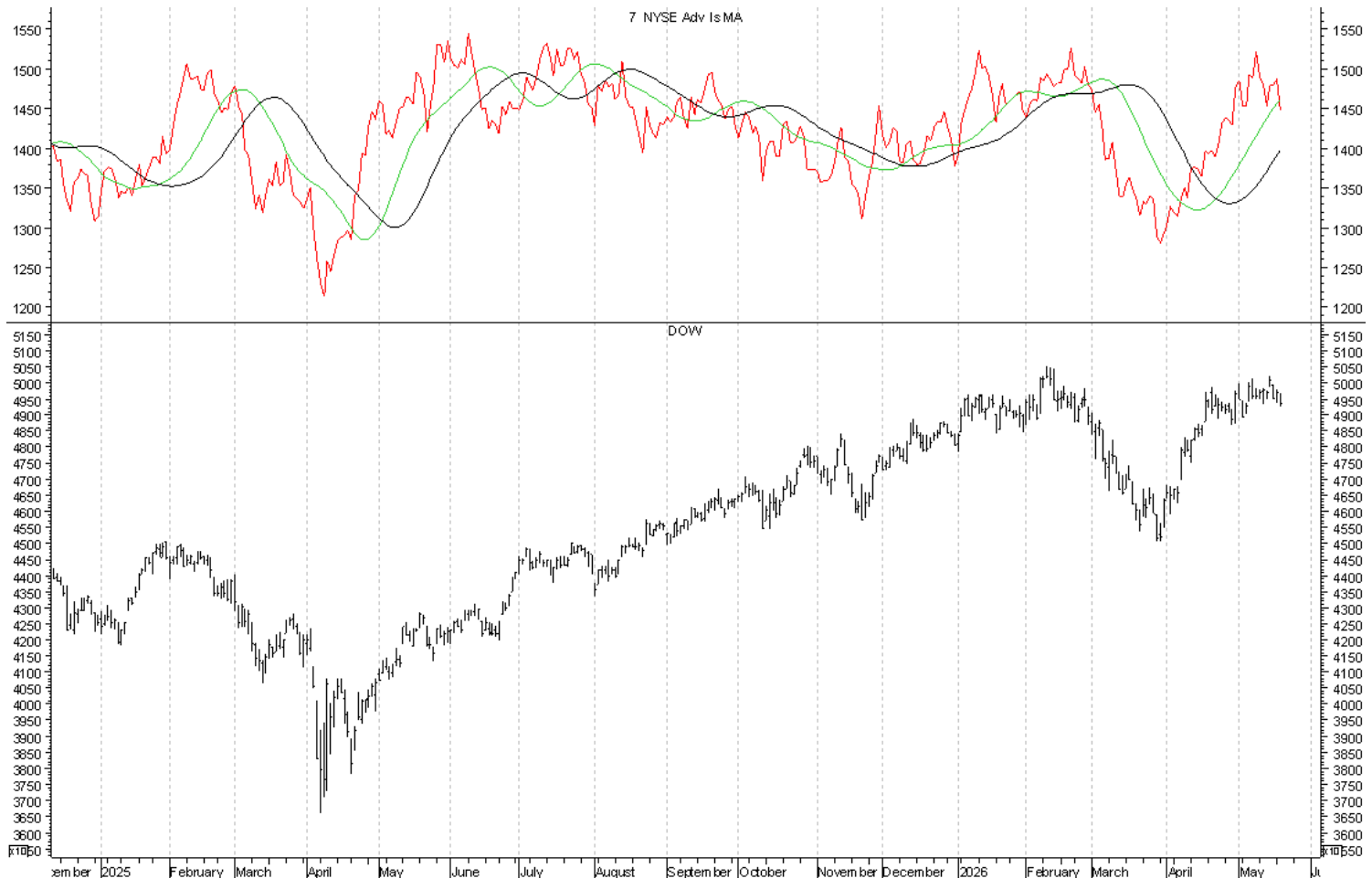
On Friday Gold completed the formation of a daily swing high and with the downturn of the daily CTI, a short-term sell signal was triggered. In doing so, this left Gold at risk of a left-translated trading and intermediate-term cycle top. With the continued weakness that has followed, this risk has become reality.

Last Thursday, the XAU triggered a short-term sell signal and on Friday more weakness followed, also leaving the XAU at risk of the trading and intermediate-term cycle top. Here too, with the continued weakness that has followed, this risk has become reality.

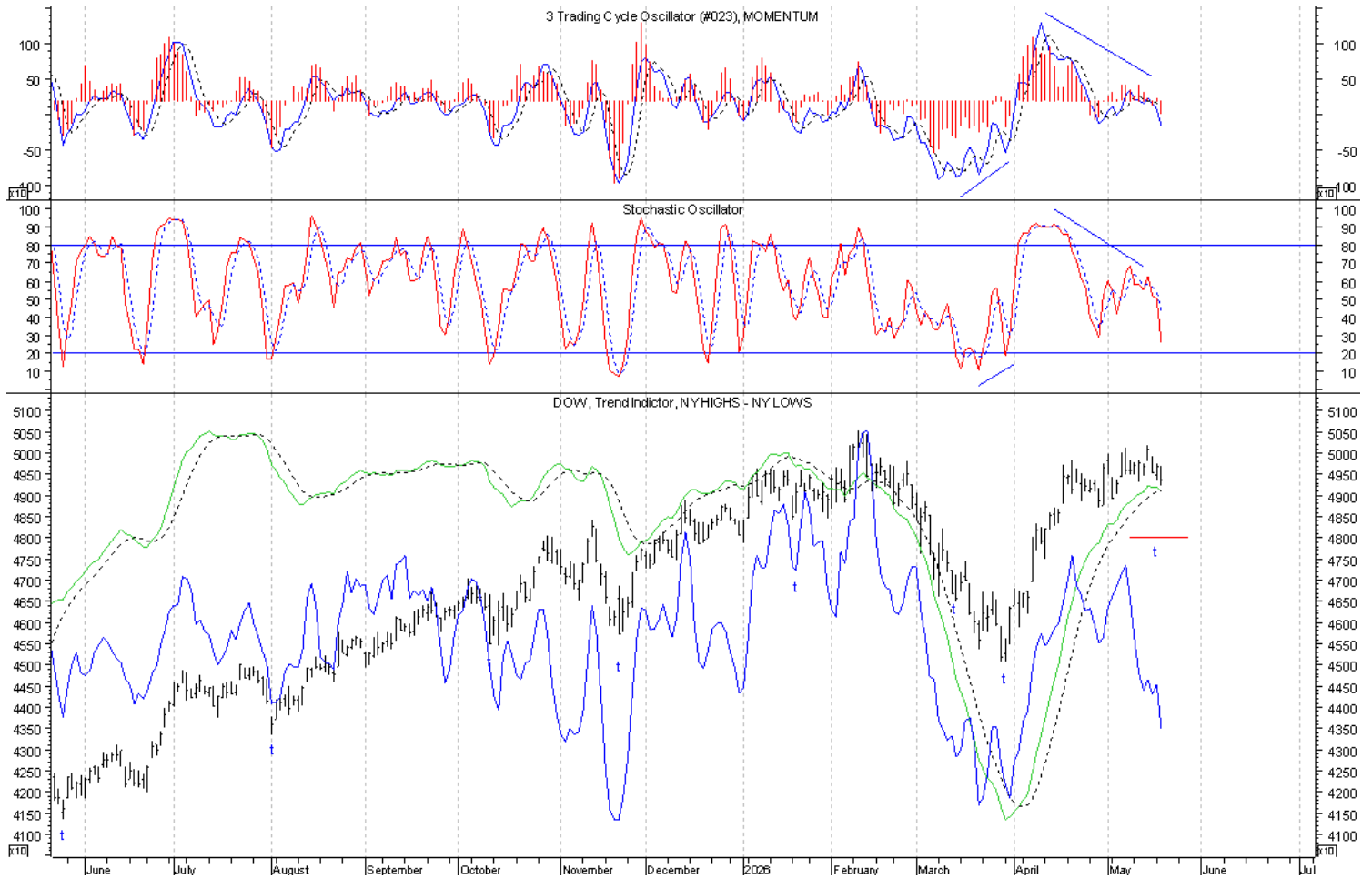
The Dollar triggered a short-term buy signal on May 12th and with the bettering of the April 30th high that followed, we have a right-translated trading cycle at play. As a result, the decline into the pending trading cycle low should be counter-trend, but with regard to the higher degree cycle lows, we still need to see the higher degree intermediate-term cycle continue higher with a right-translated structure as well. In the short-term, the current trading cycle top should be close at hand.

On May 11th Bonds completed the formation of a daily swing high and with the downturn of the daily CTI, a short-term sell signal was triggered, leaving Bonds at increased risk of a left-translated trading cycle top and consequently of further weakness into the next intermediate-term and higher degree clustering of lows. As a result of the violation of the May 4th trading cycle low and the continued weakness that has followed, the risk of a failed and left-translated trading cycle top became reality. As a result, the expectation has been for further weakness into the pending trading cycle low. The higher degree intermediate-term cycle low is due between May 15th and July 24th. Therefore, the expectation is to see the intermediate-term cycle low with either the pending trading cycle low or the next. The structure in association with the next trading cycle advance will be key. More on that once we get there.

The Intermediate Term Advancing Issues Line, plotted in red, has turned down in conjunction with the decline out of what we knew should have been the trading cycle top. The crossing of the Green MA above the Black MA served as confirmation of the intermediate-term cycle low. Consequently, the completion of another weekly swing high and triggering of an intermediate-term sell signal that is followed by another crossing back below the Black MA will leave the Industrials at risk of the intermediate-term cycle top.

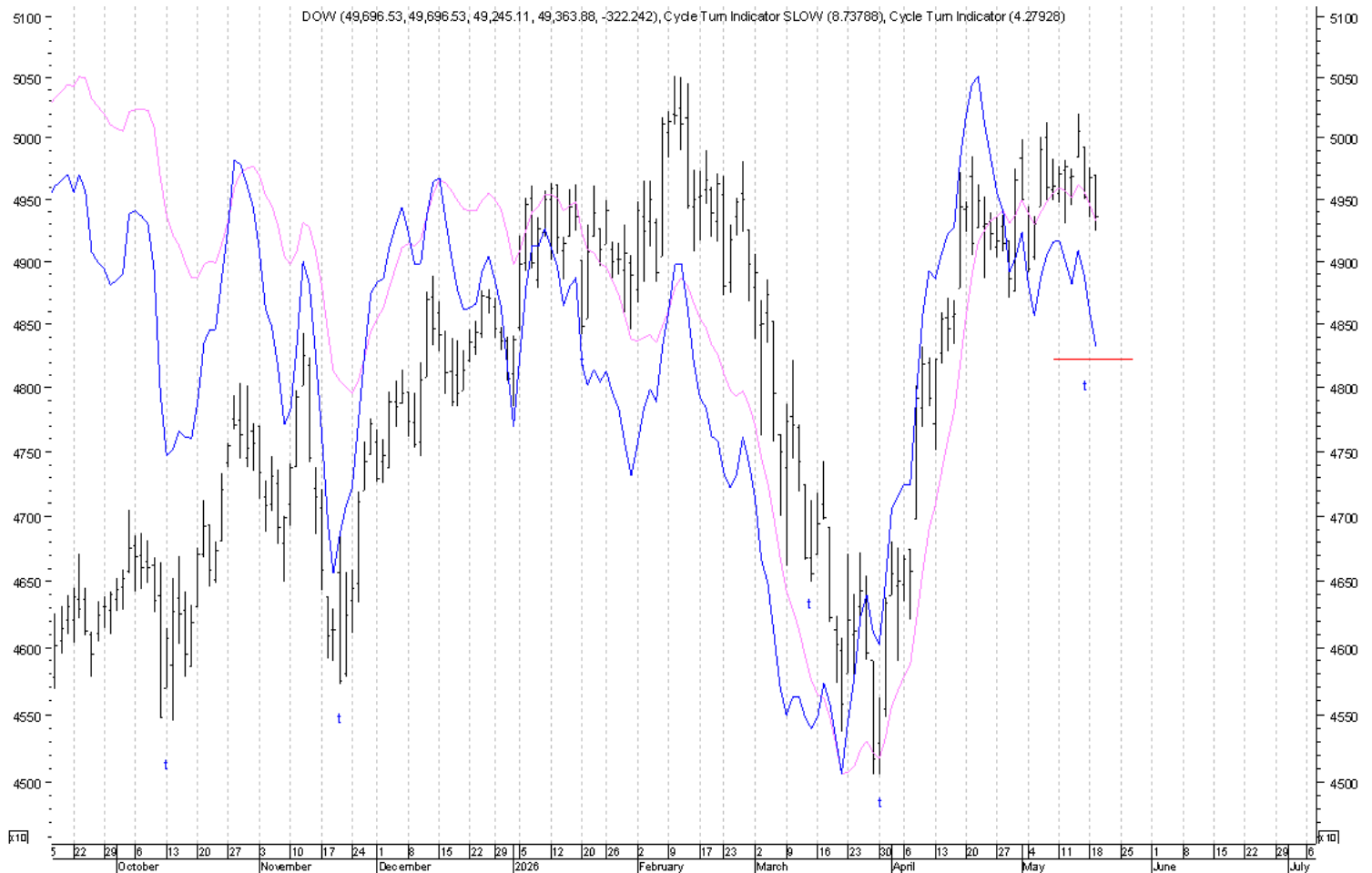


The **Trading Cycle Oscillator** in the upper window continues its downturn in association with the decline out of the trading cycle top as does the **Momentum** Indicator. The **5 3 3 Stochastic** in the middle window also continues its downturn. Note that **ALL** Three of these indicators have turned down out of divergent tops and what we knew was warning of the trading cycle top. The **New High/New Low Differential**, plotted with price, turned down on Friday and here too, that downturn continues. The **Trend Indicator** has crossed marginally below its trigger line, which in doing so is further indicative of the trading cycle top and is in turn also warning of the intermediate-term cycle top as well.

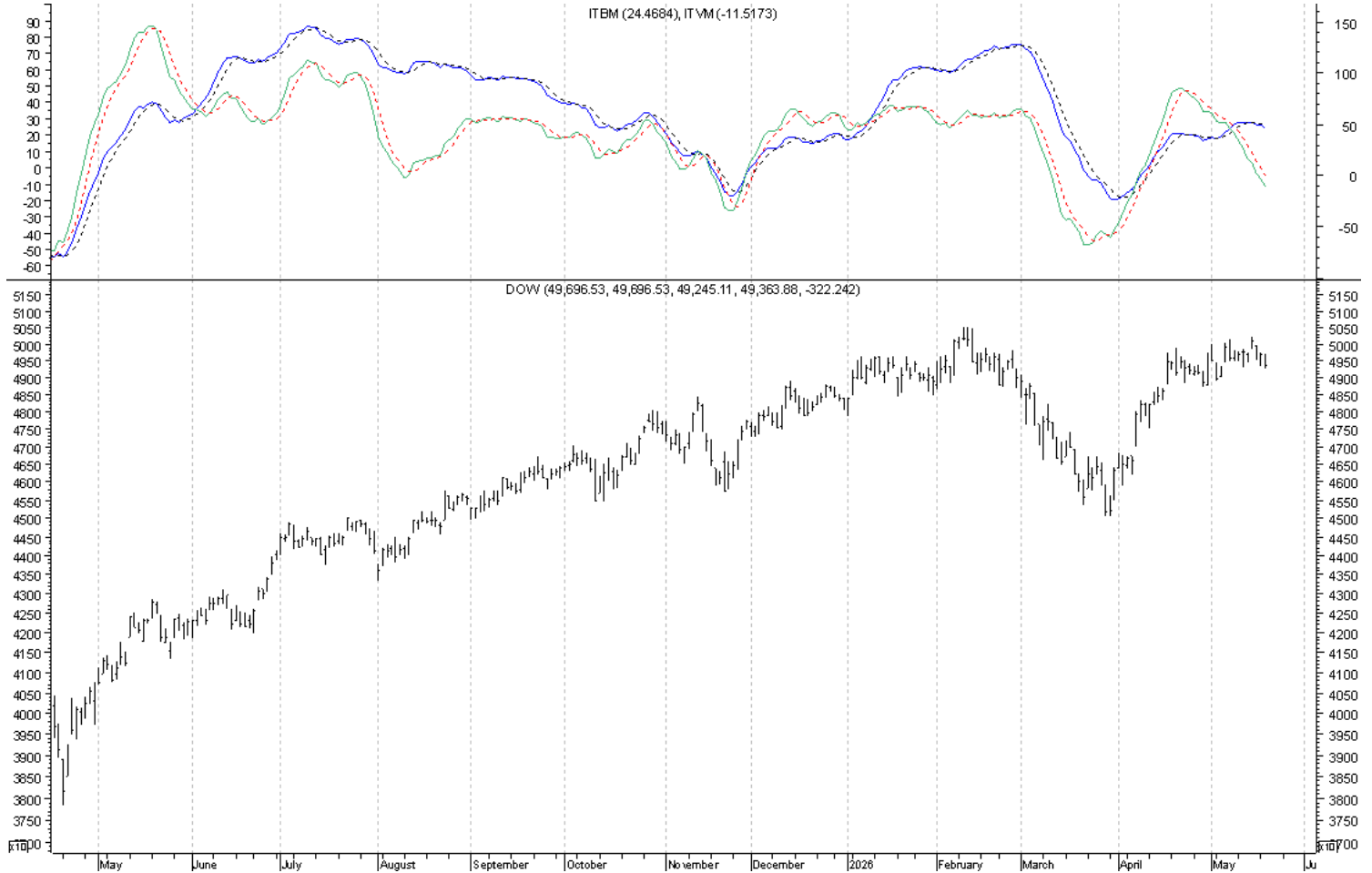


The Three Primary Short-Term Indicators are the **Original** and the **Slow Cycle Turn Indicators**, both plotted below, and the **NYSE New High/New Low Differential**, plotted with price above.

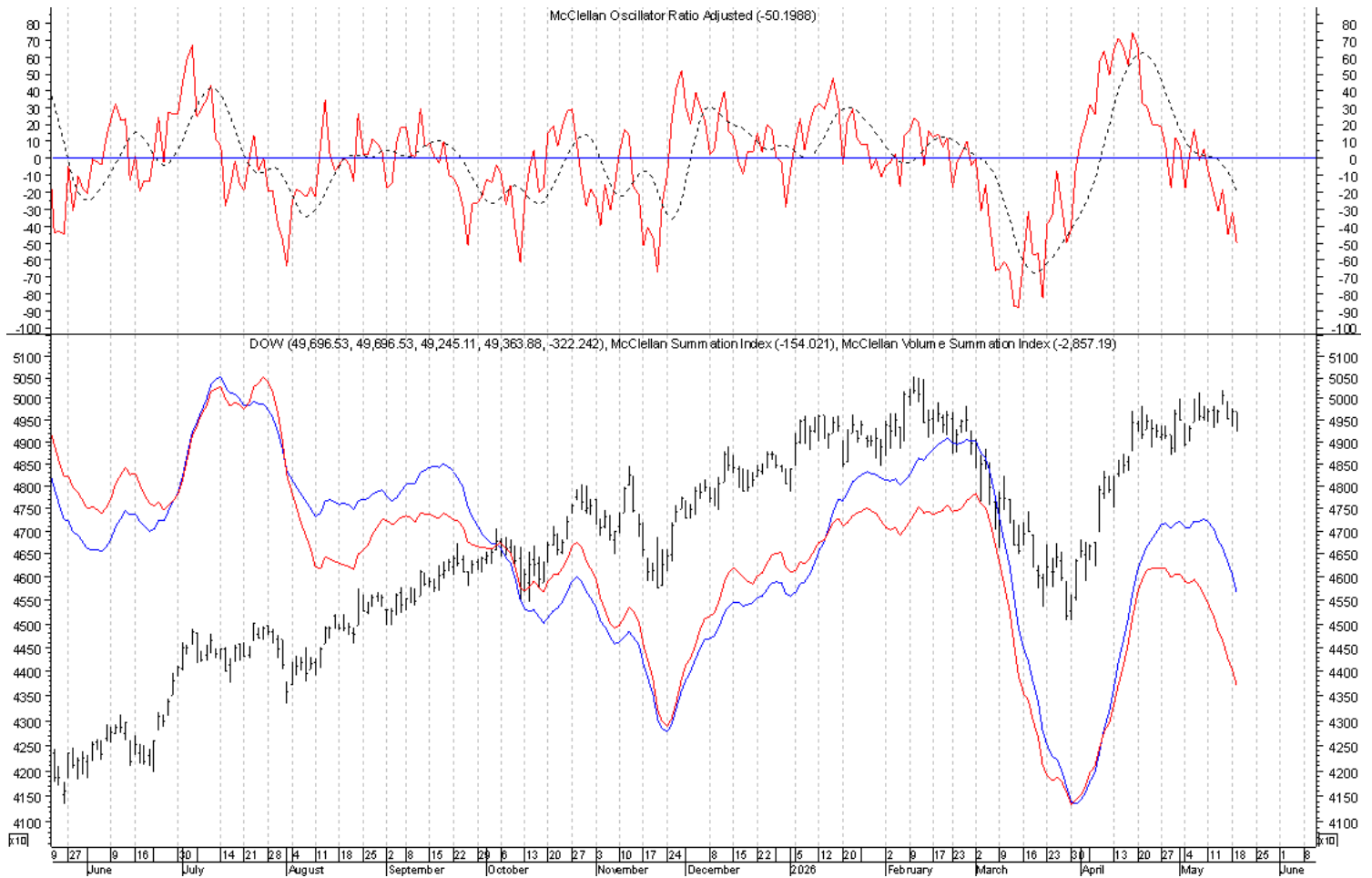
Bottom line, with Friday's completion of a daily swing high and the accompanying downturn of ALL Three of these indicators, a short-term sell signal was triggered in association with what we knew should have been the trading cycle top. With a weekly swing high now in the making this has proven correct and based on the overall oscillator picture, the trading cycle low should ideally still lie ahead. That said, we are moving into the latter portion of the timing band for the trading cycle low so once a daily swing low is formed and confirmed by an upturn of ALL Three of the Primary Short-Term Indicators, this low should be in place. It will be the advance out of the pending trading cycle low that will serve as the structural test of the higher degree intermediate-term cycle top.



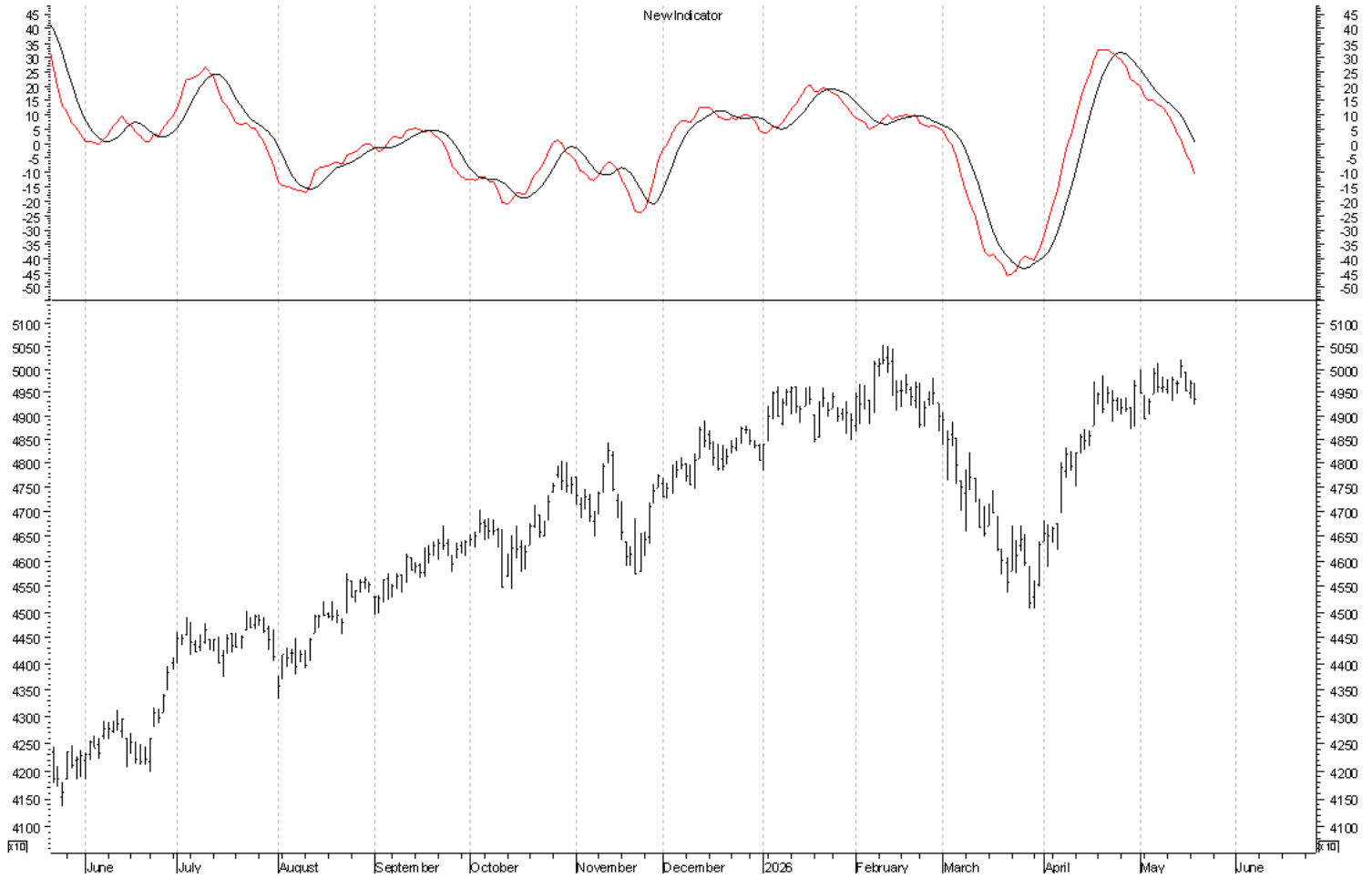
The **Intermediate Term Volume Momentum Oscillator** continues its downturn and while marginal, the **Intermediate Term Breadth Momentum Oscillator** also continues its downturn in association with the decline out of the trading cycle top.



Both the **McClellan Volume Summation Index** and the **McClellan Summation Index** continue their downturns. With Friday's triggering of a short-term sell signal, the price/oscillator picture here was also suggestive of the trading cycle top. The **Ratio Adjusted McClellan Oscillator** in the upper window turned back up on Monday, but back down again on Tuesday. Again, the price/oscillator picture here was also suggestive of the trading cycle top and with a weekly swing high in the making we have seen confirmation of that top.



The downturn of the smoothed McClellan oscillator has continued to be suggestive of the trading cycle top and with Friday's triggering of a short-term sell signal we knew that this top should be in place. Once again, with a weekly swing high in the making, that top has been confirmed.



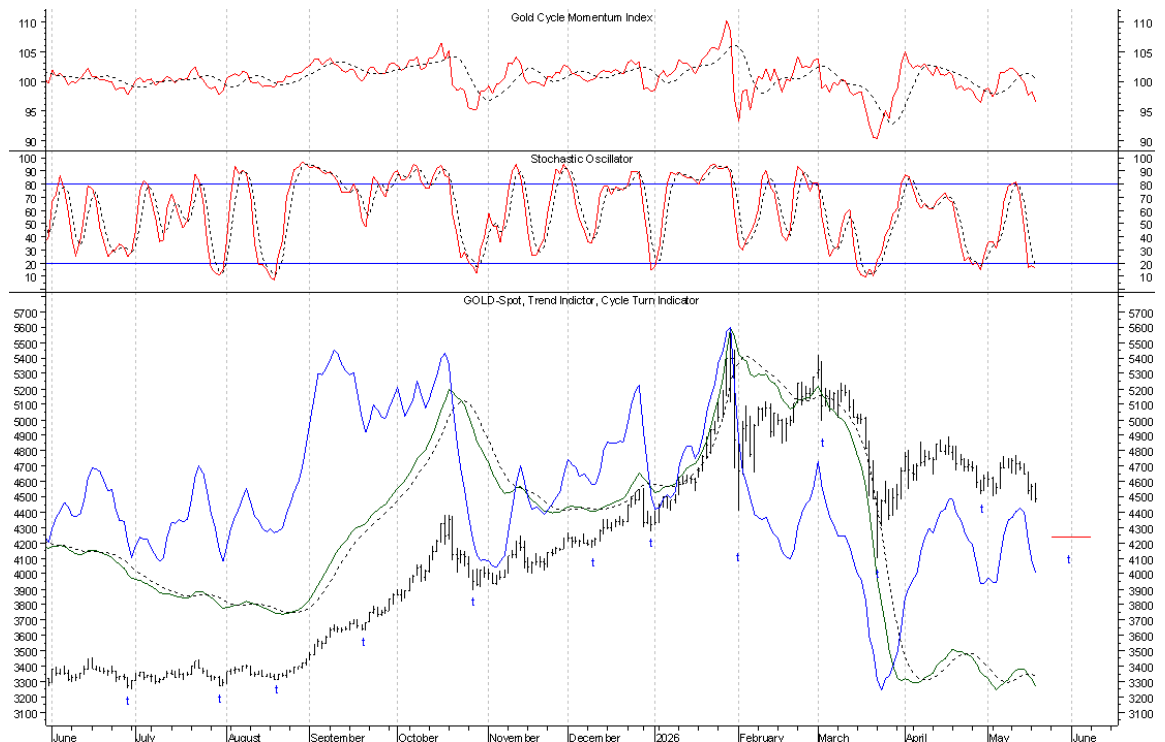
Gold

End of Week Intermediate-Term Indicator Summary Intermediate-Term Sell	
Primary Indicators	
Formation of a Weekly Swing High	Bearish
Cycle Turn Indicator (CTI)	Bearish
Confirming Indicators	
Trend Indicator (TI)	Bearish
Cycle Momentum Indicator	Bullish
Secondary Indicators	
5 3 3 Stochastic	Bearish

Daily Indicator Summary Short-Term Sell	
Primary Indicators	
Formation of a Daily Swing High	Bearish
Cycle Turn Indicator (CTI)	Bearish
Confirming Indicators	
Trend Indicator (TI)	Bearish
Cycle Momentum Indicator	Bearish
Secondary Short Term Indicators	
5 3 3 Stochastic	Bearish

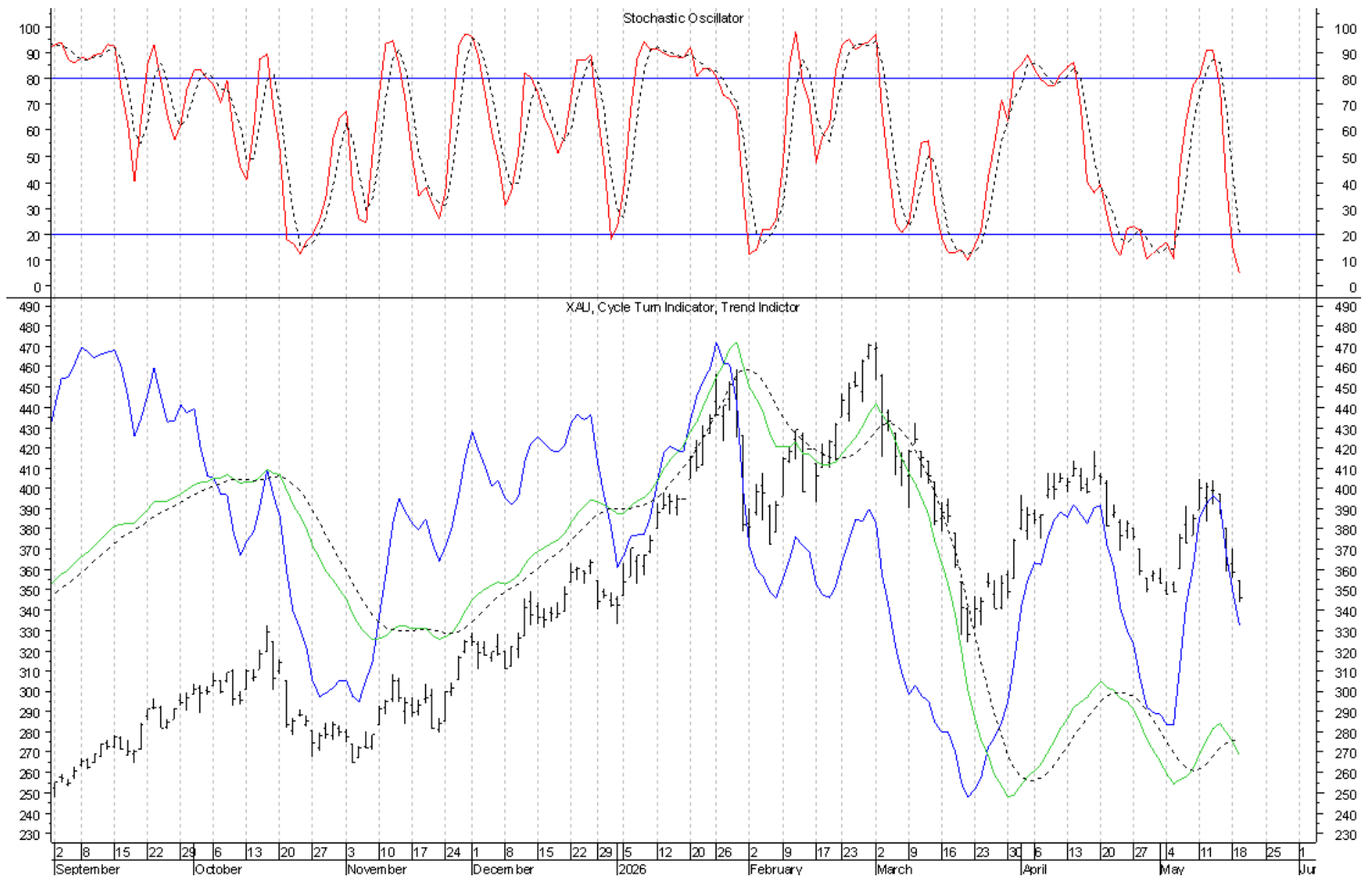
The timing band for the current trading cycle low ran between April 17th and May 1st. Every indication continues to be that the trading cycle low was seen in conjunction with the April 29th daily swing low with the alternative being May 4th. In either case, with a weekly swing high in place, we knew that Gold has been at risk of the intermediate-term advance out of the March low having run its course and that the advance out of this trading cycle low would serve as the structural test of the higher degree intermediate-term cycle top. Per the parameters given in the Thursday night update, the price action on Friday completed the formation of a daily swing high and with the downturn of the daily **CTI**, a short-term sell signal was triggered. With the additional weakness that has followed, the risk of a left-translated trading cycle top has become reality and further overall weakness should follow into the next trading cycle low. As a result of this left-translated trading cycle, every indication is that the structural retest of the intermediate-term cycle top has run its course. The

timing band for the next trading cycle low runs between May 25th and June 8th. This short-term sell signal will remain intact until another daily swing low and upturn of the daily **CTI** are seen. A daily swing low will be completed on Wednesday if 4,464.99 holds and if 4,588.99 is bettered.



XAU

As with Gold, the evidence here has also pointed toward the trading cycle low having been seen on April 29th, with the alternative being May 4th. On Thursday, the XAU completed the formation of a daily swing high and with the downturn of the daily **CTI**, a short-term sell signal was triggered, leaving both the XAU and Gold at risk of the trading cycle top. With the continued weakness that has followed and the violation of the recent trading cycle low, the risk of a left-translated trading cycle has also become reality here as well. This short-term sell signal will remain intact until another daily swing low and upturn of the daily **CTI** are seen, but with this left-translated trading cycle at play, any advance should be counter-trend and as with Gold, the trading cycle low should still lie ahead. More on this as it develops. At a higher level, as a result of the April 24th completion of a weekly swing high, the evidence continues to be suggestive of the intermediate-term cycle top. Another daily swing low will be completed on Wednesday if 343.86 holds and if 354.74 is bettered.



Dollar

End of Week Intermediate-Term Indicator Summary **Intermediate-Term Buy**

Primary Indicators

Formation of a Weekly Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bullish

Confirming Indicators

Trend Indicator (TI)	Bullish
Cycle Momentum Indicator	Bullish

Secondary Indicators

5 3 3 Stochastic	Bullish
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Daily Indicator Summary **Short-Term Buy**

Primary Indicators

Formation of a Daily Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bullish

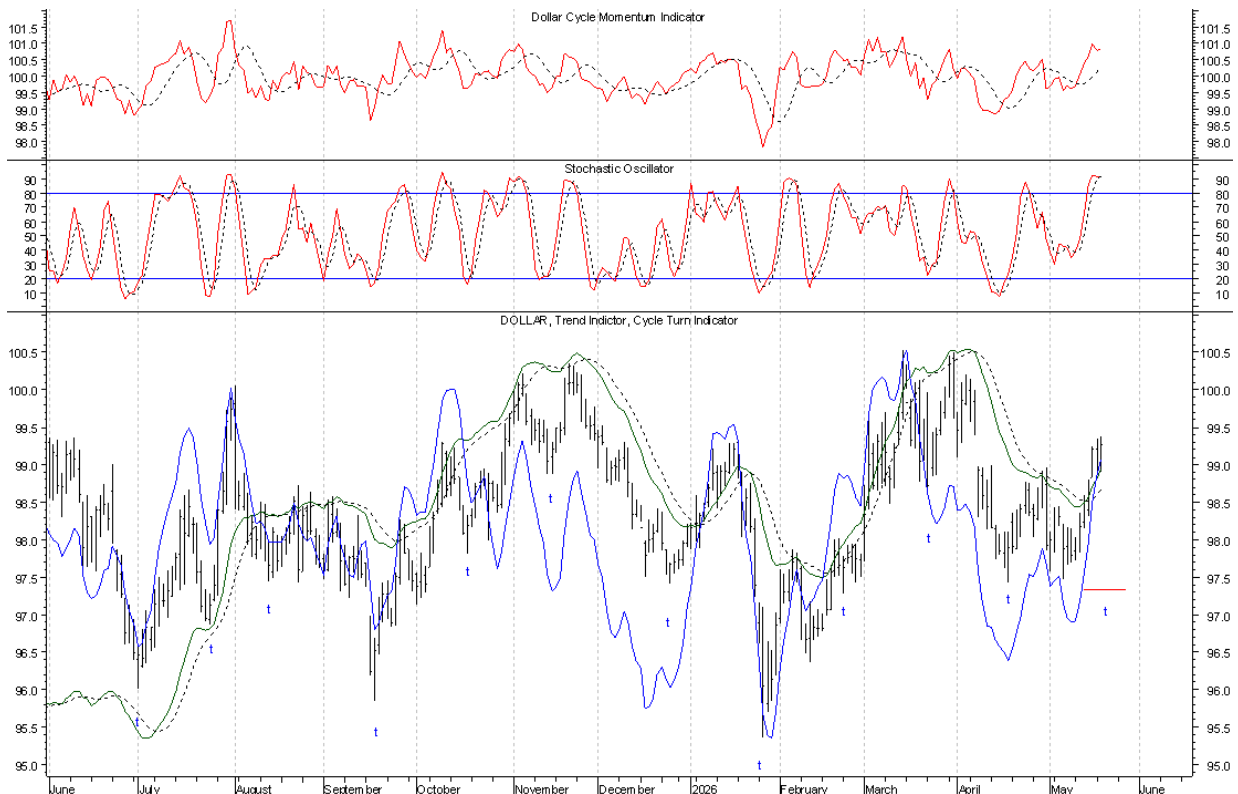
Confirming Indicators

Trend Indicator (TI)	Bullish
Cycle Momentum Indicator	Bullish

Secondary Indicators

5 3 3 Stochastic	Bearish
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The trading cycle last bottomed on April 17th and the timing band for the next trading cycle low runs between May 13th and May 27th. With this trading cycle advance bettering the April 30th high last week, the risk of a left-translated trading cycle was corrected and consequently, the decline into the pending trading cycle low should now be counter-trend. But, with regard to the higher degree intermediate-term cycle, we must see continued strength in association with the advance out of the pending trading cycle low in order to correct the risk of a left-translated intermediate-term cycle top. The price/oscillator picture is ripe for the trading cycle top, but this short-term buy signal will remain intact until a daily swing high is confirmed by a downturn of the daily **CTI**. A daily swing high will be completed on Wednesday if 99.37 is not bettered and if 98.90 is violated.



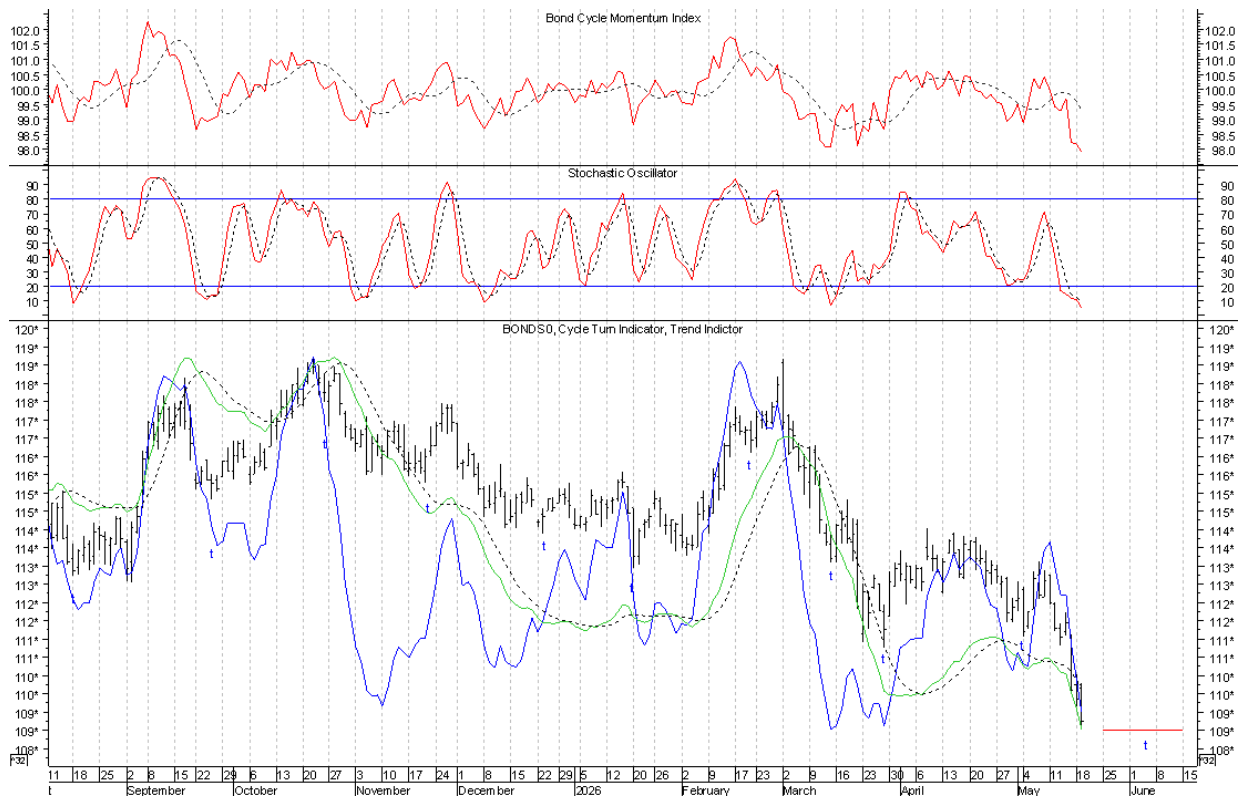
Bonds

End of Week Intermediate-Term Indicator Summary Intermediate-Term Sell	
Primary Indicators	
Formation of a Weekly Swing High	Bearish
Cycle Turn Indicator (CTI)	Bearish
Confirming Indicators	
Trend Indicator (TI)	Bearish
Cycle Momentum Indicator	Bearish
Secondary Indicators	
5 3 3 Stochastic	Bearish

Daily Indicator Summary Short-Term Sell	
Primary Indicators	
Formation of a Daily Swing High	Bearish
Cycle Turn Indicator (CTI)	Bearish
Confirming Indicators	
Trend Indicator (TI)	Bearish
Cycle Momentum Indicator	Bearish
Secondary Short Term Indicators	
5 3 3 Stochastic	Bearish

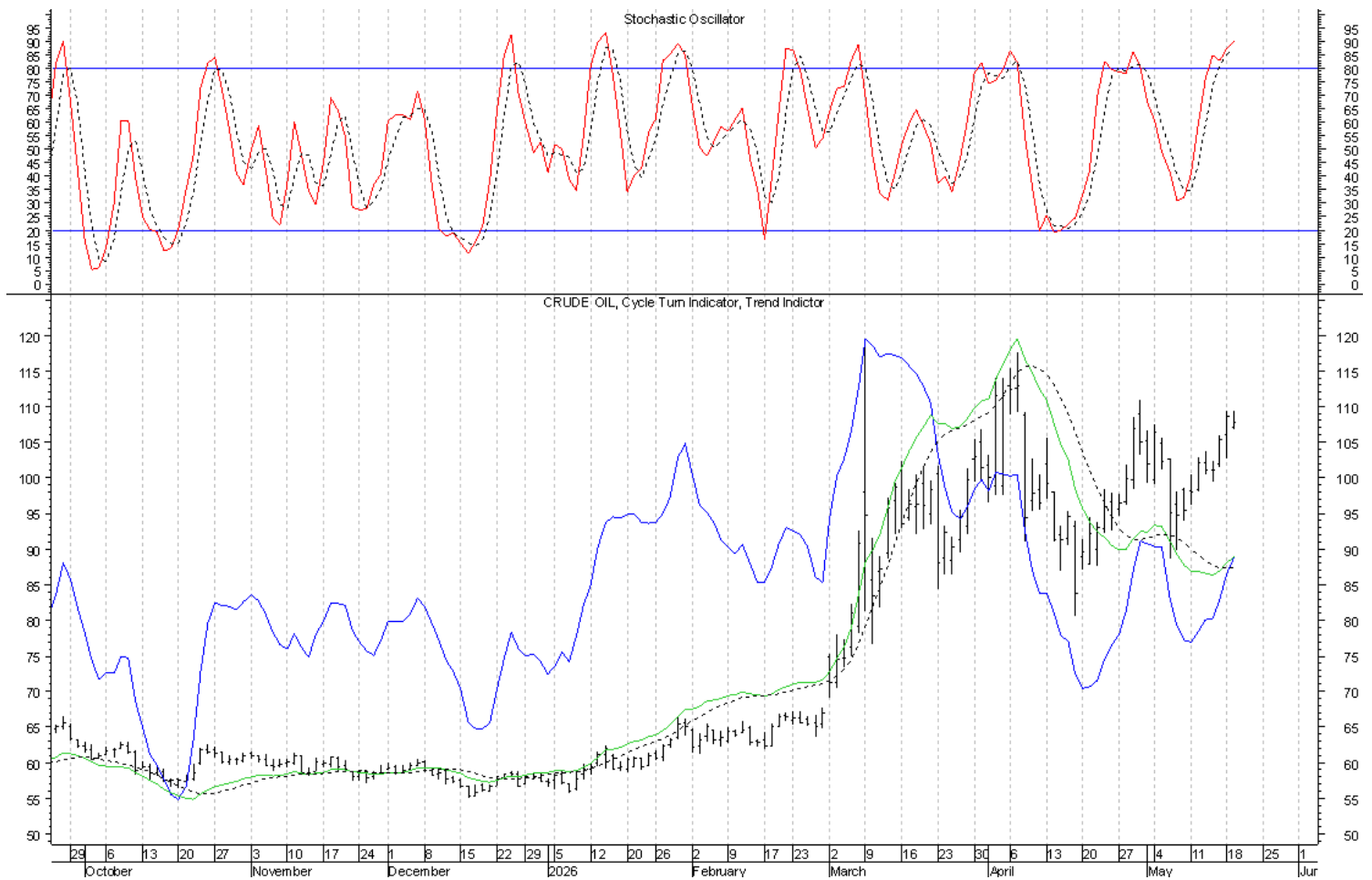
The trading cycle last bottomed on May 4th and we have known that Bonds have been at risk of a left-translated trading cycle top. On May 11th Bonds completed the formation of a daily swing high and with the downturn of the daily CTI, a short-term sell signal was triggered. This was followed by further weakness and with a violation of the May 4th trading cycle low, the risk of a failed and left-translated trading cycle top became reality. As a result, this left Bonds positioned for further weakness into the next trading cycle low, which we are seeing. The timing band for the next trading cycle low runs between May 25th and June 15th. At a higher level, the decline out of this left-translated trading cycle has also left Bonds positioned for further weakness out of a higher degree left-translated intermediate-term cycle top and into the clustering of higher degree cycle

lows that are due in conjunction with the next intermediate-term cycle low. It has been for this reason that I have continued to stress that we have been at a critical juncture for Bonds.



Crude Oil

The short-term buy signal and third structural retest of the intermediate-term cycle top remains intact and will continue to do so until a daily swing high AND downturn of the daily **CTI** are seen. With this advance having carried the 5 3 3 Stochastic well into overbought territory, the oscillator picture is increasingly ripe for a top, but again, we have to see the completion of a daily swing high AND downturn of the daily **CTI** in order to trigger a short-term sell signal. A daily swing high will be completed on Wednesday if 109.47 is not bettered and if 102.65 is violated. Longer-term, the expectation is for the advance out of the December seasonal cycle low to be an ending push into the 3-year cycle top that is followed by the decline into the 3-year cycle low later this year or early 2027.



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