

Tim W. Wood's

# Cycles News & Views

*Specializing in Dow Theory and Cycles Analysis*



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## Cycle Turn Indicator Direction and Swing Summary of Select Markets as of the close on January 20, 2026

Market	Daily CTI	Daily Swing	Weekly CTI	Weekly Swing
Industrial	Negative	High	Negative	High
Transports	Negative	High	Negative	High
NDX	Negative	High	Negative	High
S&P Inverse Fund	Positive	N/A	Positive	Low
CRB Index	Positive	Low	Positive	Low
Gold	Positive	Low	Positive	Low
XAU	Positive	Low	Positive	Low
Dollar	Negative	High	Negative	Low
Bonds	Negative	High	Negative	High
Crude Oil	Positive	High	Positive	Low
Unleaded	Positive	Low	Positive	Low
Natural Gas	Positive	Low	Positive	Low

\*Since this fund is quoted at the end of the day it is impossible for the concept of swing highs and lows to apply on a daily level. The primary interests here are the weekly developments.

The daily is representative of the short-term and the weekly is representative of the intermediate-term

# Short-term Updates

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## **Note on the Cycle Turn Indicator**

The most important indicator we have is the Cycle Turn Indicator and the most important timeframe, at least in my mind, is the intermediate-term. This indicator has proven itself time and time again. In reality, this is all we really need to know. Everything else is secondary. That being said, please be sure to monitor the "Cycle Turn Indicator Direction and Swing Summary" above. Red indicates that a swing high and down turn of the Cycle Turn Indicator has occurred and lower prices should follow. The only exception here is that on the daily stock market signals we also want to see both the slow cycle Turn Indicator and the New High/New Low Differential in agreement with the original Cycle Turn Indicator, which is what is covered in this summary above. Yellow, is cautionary meaning that the Cycle Turn Indicator and the swing are not in agreement, which is typically indicative of a trend change. Green, means that a swing low has occurred and that the Cycle Turn Indicator is positive, which should be followed by higher prices. Again, the only exception here is the daily stock market signals in that we want to see both the slow Cycle Turn Indicator and the New High/New Low Differential in agreement with the original Cycle Turn Indicator, which is what is covered in this summary above. For everything else, all that matters is the formation of a swing and the direction of the Cycle Turn Indicator.

See Notes for New Subscribers at the bottom of the Short-Term Update Page or the Research Letter page for information on understanding Cycles and Swings.

January 20, 2026

**Stocks**

<b>End of Week Intermediate-Term Indicator Summary Intermediate-Term Buy/Neutral</b>	
<b>Primary Indicators</b>	
Formation of a Weekly Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bullish
CTI on Rydex Tempest Fund *	Bearish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bullish
Advance/Decline Issues Diff	Bearish
New High New Low Diff	Bearish
<b>Secondary Indicators</b>	
5 3 3 Stochastic	Bearish
Cycle Momentum Indicator	Bullish
<i>*When this indicator is Bullish it is negative for the market and visa versa.</i>	

<b>Daily Indicator Summary Short-Term Sell</b>	
<b>Primary Indicators</b>	
Formation of a Daily Swing Low	Bearish
Cycle Turn Indicator (CTI)	Bearish
Slow Cycle Turn Indicator (CTI)	Bearish
New High/New Low Differential	Bearish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bearish
McClellan Intermediate Term Breadth Momentum Oscillator (ITBM)	Bullish
McClellan Intermediate Term Volume Momentum Oscillator (ITVM)	Bearish
McClellan Summation Index	Bearish
McClellan Volume Summation Index	Bearish
<b>Secondary Short Term Indicators</b>	
5 3 3 Stochastic	Bearish
Cycle Momentum Indicator	Bearish
Trading Cycle Oscillator	Bearish
Momentum Indicator	Bearish
Ratio Adjusted McClellan Oscillator Crossover	Bearish
Accumulation/Distribution Index	Bearish

The trading cycle on the Industrials last bottomed on January 2nd and the timing band for the next trading cycle low runs between February 12th and March 2nd. Per the parameters given in the weekend update, the price action on Tuesday completed the formation of a daily swing high that was confirmed by a downturn of ALL Three of the Primary Short-Term Indicators. In doing so, a short-term sell signal was triggered, leaving the Industrials at risk of the trading cycle top and with a weekly swing high now also in the making, until the Industrials can prove otherwise, the assumption is that the trading cycle top has been seen. As I have been reporting, it is the structure of this trading cycle that is key with regard to the higher degree intermediate-term cycle top and as a result of Tuesday's decline, this trading cycle is now at risk of a left-translated trading cycle top, leaving the Industrials at further risk of the intermediate-term cycle top. More on this as it develops. For now, Tuesday's short-term sell signal will remain intact until another daily swing low and upturn of ALL Three of the Primary Short-Term Indicators are seen. Not to be redundant, but with the advance out of the November intermediate-term low carrying the Industrials to yet

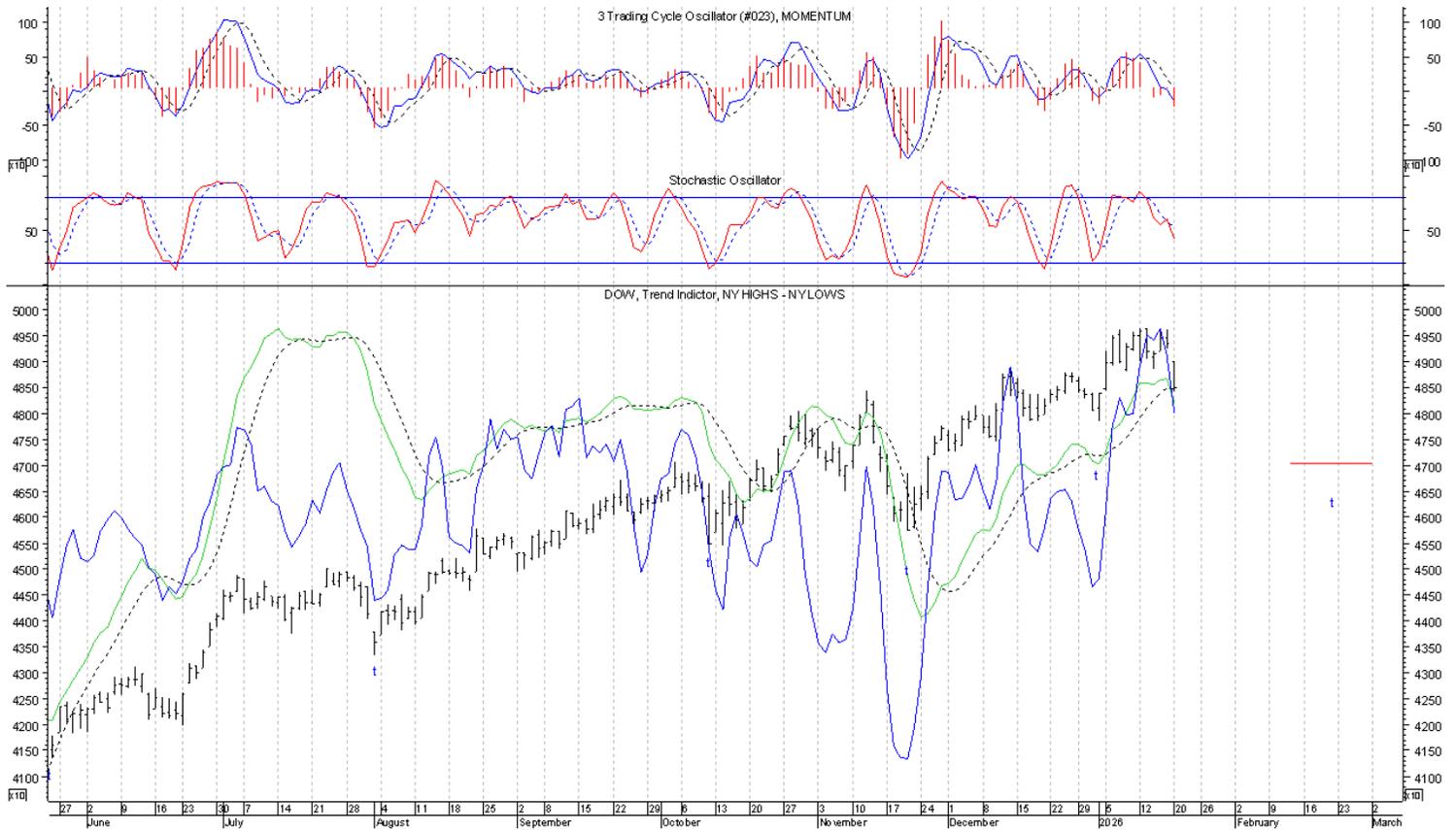
another new high, the current setup with the CheckMate Chart has indeed proven to be different from the 2000, 2007 and the 2020 setup. However, with the resumption of the rate cutting cycle, this setup nonetheless continues and for that reason, we remain at a critical juncture for Equities.

Crude Oil completed the formation of a daily swing high on last Thursday and with the downturn of the daily CTI, a short-term sell signal was triggered. Thus far, that sell signal remains intact, but any further strength following Tuesday's reversal off the low that completes the formation of a daily swing low will re-trigger another short-term buy signal. Gasoline also completed the formation of a daily swing high last Thursday that was accompanied by a downturn of the daily CTI. But, as confirmation of that sell signal we needed to see a close below Thursday's low. That did not happen and on Tuesday another daily swing low was formed, triggering another short-term buy signal. Natural Gas triggered a short-term buy signal on Tuesday and with a weekly swing low now also in place, we have to assume the intermediate-term cycle to have bottomed. The CRB Index triggered another short-term buy signal on Tuesday, once again in association with a retest of the intermediate-term cycle top. On Thursday Gold completed the formation of a daily swing high and the overall oscillator picture was suggestive of the trading cycle top. On Friday Gold moved lower, turning the daily CTI down, but because of the reversal off the low, the sell signal had to be confirmed with a close below Friday's low. That confirmation was not seen and with the completion of a daily swing low on Monday, another short-term buy signal was triggered in association with the continued advance into the trading cycle top. The price/oscillator picture on the XAU has also been suggestive of the trading cycle top, but in order to trigger a short-term sell signal we needed to see a close below Friday's low. With the advance that has followed, that did not occur and the short-term buy signal remains intact. With the completion of a daily swing high and downturn of the daily CTI on Tuesday, the Dollar triggered a short-term sell signal in association with the downturn out of the trading cycle top. It is now the decline into the pending trading cycle low that serves as the structural test of the higher degree intermediate-term cycle low. The trading cycle on the long-Bond last bottomed on December 23rd. With the bettering of the December 31st high, the evidence was suggestive of the intermediate-term cycle low having also been seen in association with the December 31st trading cycle low. On Friday the long-Bond triggered a short-term sell signal and we knew that it was the decline into the trading cycle low that would be key with respect to the intermediate-term cycle low. With the violation of the December low, we are seeing continued weakness into the higher degree intermediate-term cycle low, which should ideally be seen in conjunction with either the now pending trading cycle low or the next. The structure of the advance out of the pending trading cycle low will be key with regard to the intermediate-term cycle low.

No change here. The IntermediateTerm Advancing Issues Line, plotted in red, ticked down on January 13th and that downturn continues. The crossing of the Green MA above the Black MA has served as further confirmation of the intermediate-term cycle low. As a result, another downturn will be suggestive of the intermediate-term cycle top.

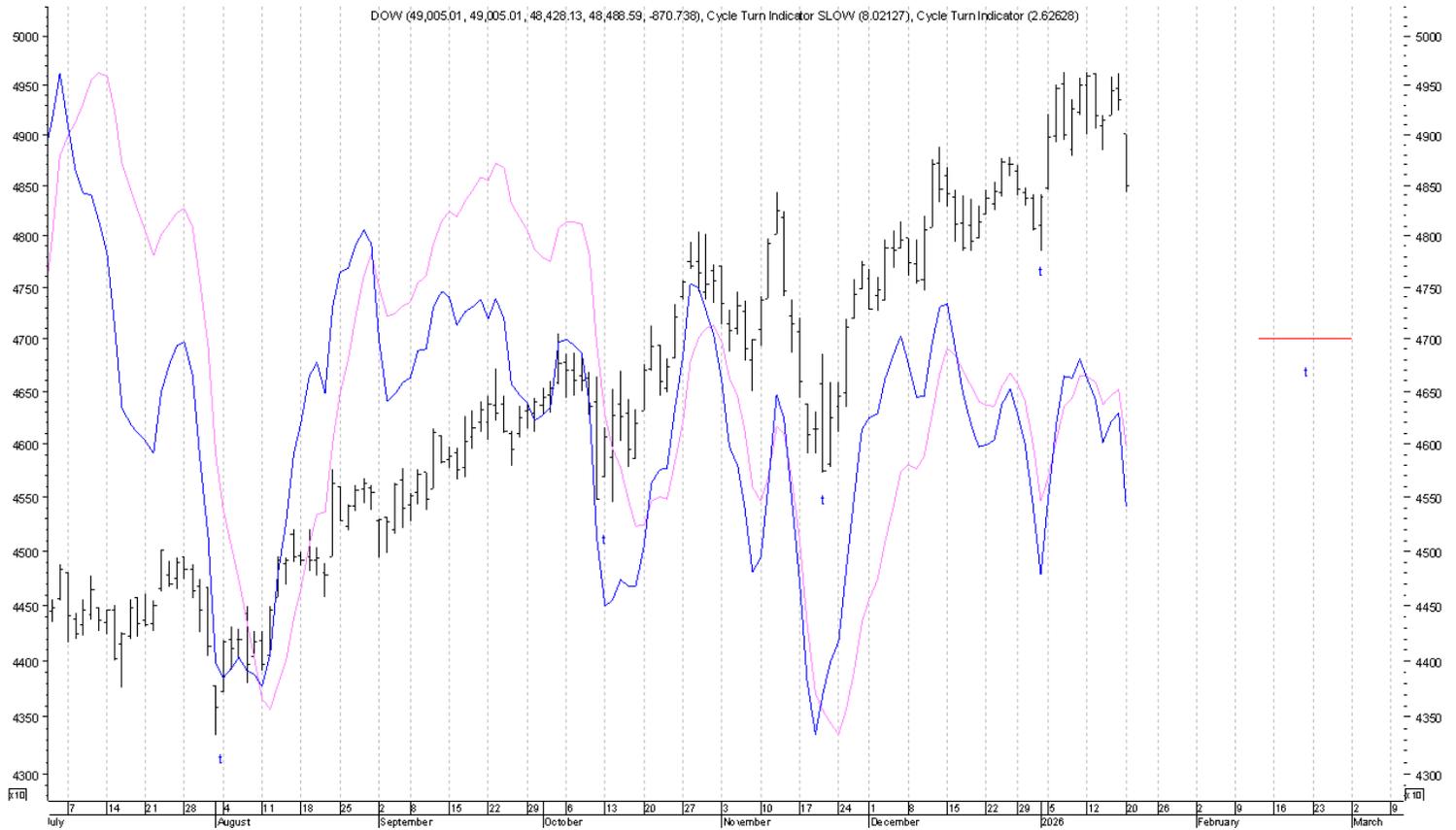


The **Trading Cycle Oscillator** in the upper window crossed marginally below its trigger line last Tuesday and that downturn continues. The **Momentum** Indicator crossed below its zero line and that downturn also continues. The **5 3 3 Stochastic** in the middle window ticked marginally back above its trigger line on Friday, but turned back down on Tuesday. The **New High/New Low Differential**, plotted with price, ticked down on Friday and that downturn also continues. The **Trend Indicator** crossed below its trigger line on Tuesday, which is also suggestive of the trading and possibly the intermediate-term cycle top as well.

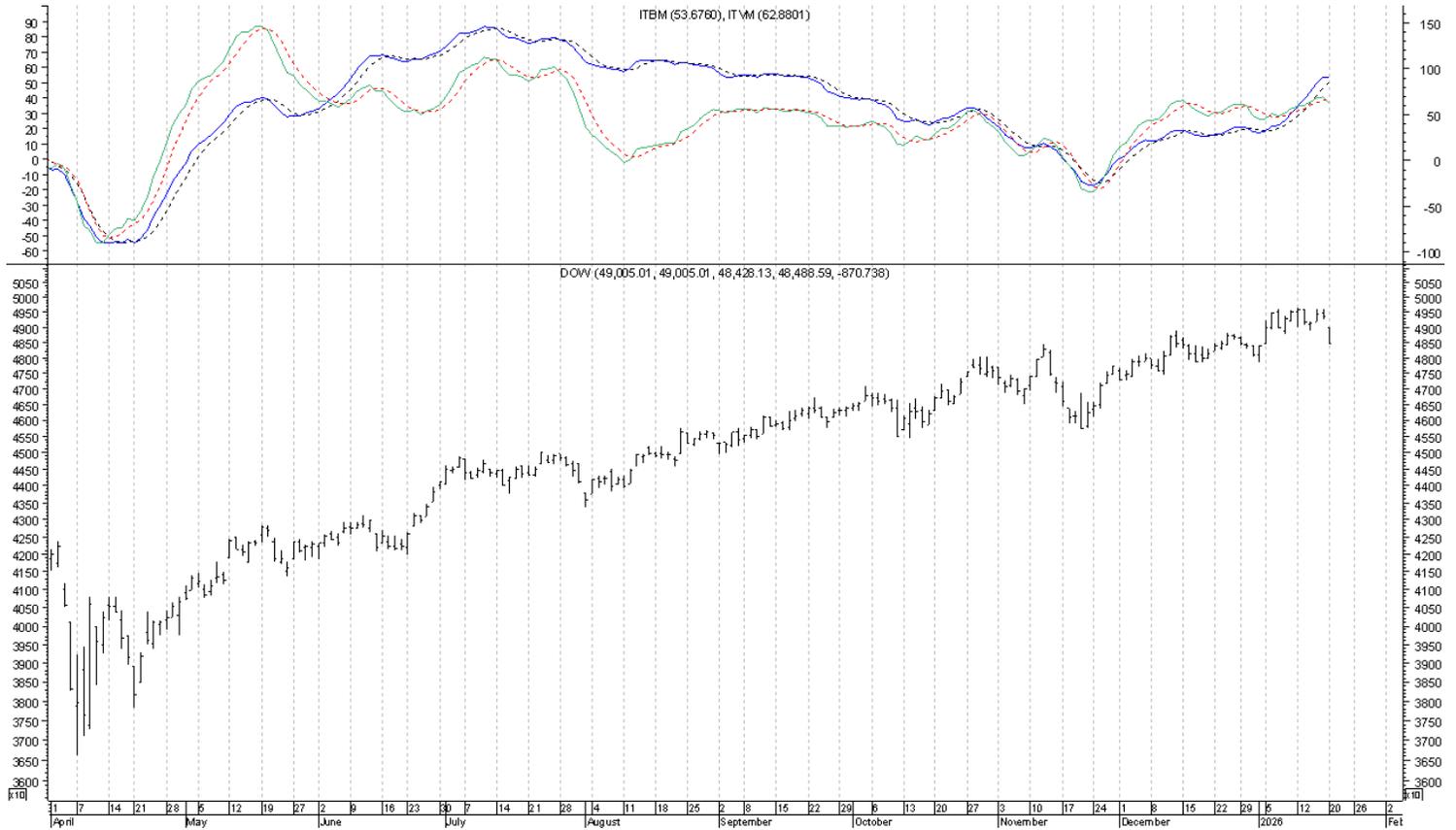


The Three Primary Short-Term Indicators are the **Original** and the **Slow Cycle Turn Indicators**, both plotted below, and the **NYSE New High/New Low Differential**, plotted with price above.

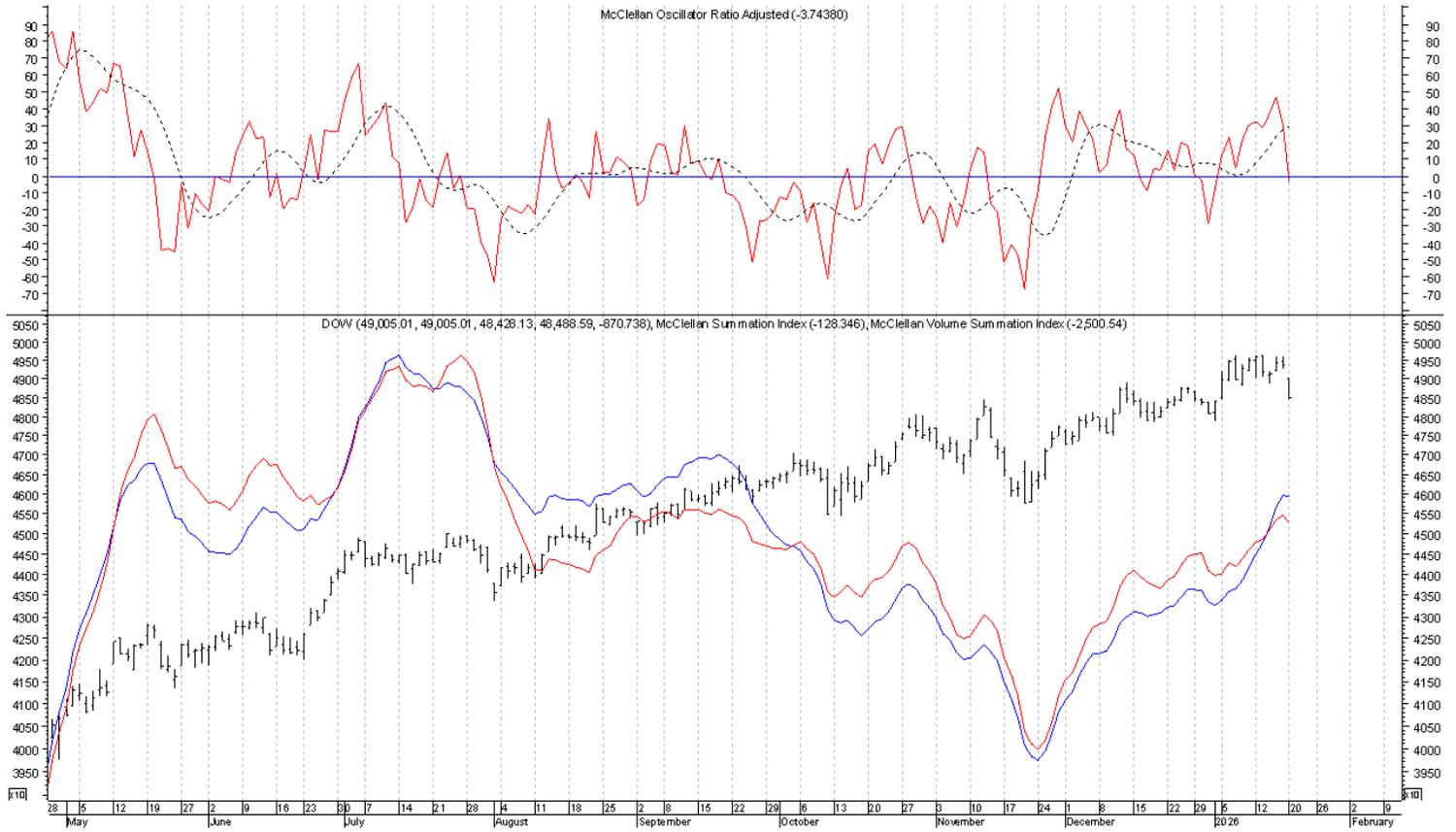
We knew that the price/oscillator picture was ripe for a top and with the completion of a daily swing high and the corresponding downturn of ALL Three of the Primary Short-Term Indicators, a short-term sell signal was triggered. In doing so, the Industrials are now at risk of not only the trading cycle top, but also the intermediate-term cycle top as well. Bottom line, this short-term sell signal will remain intact until another daily swing low and upturn of ALL Three of the Primary Short-Term Indicators are seen.



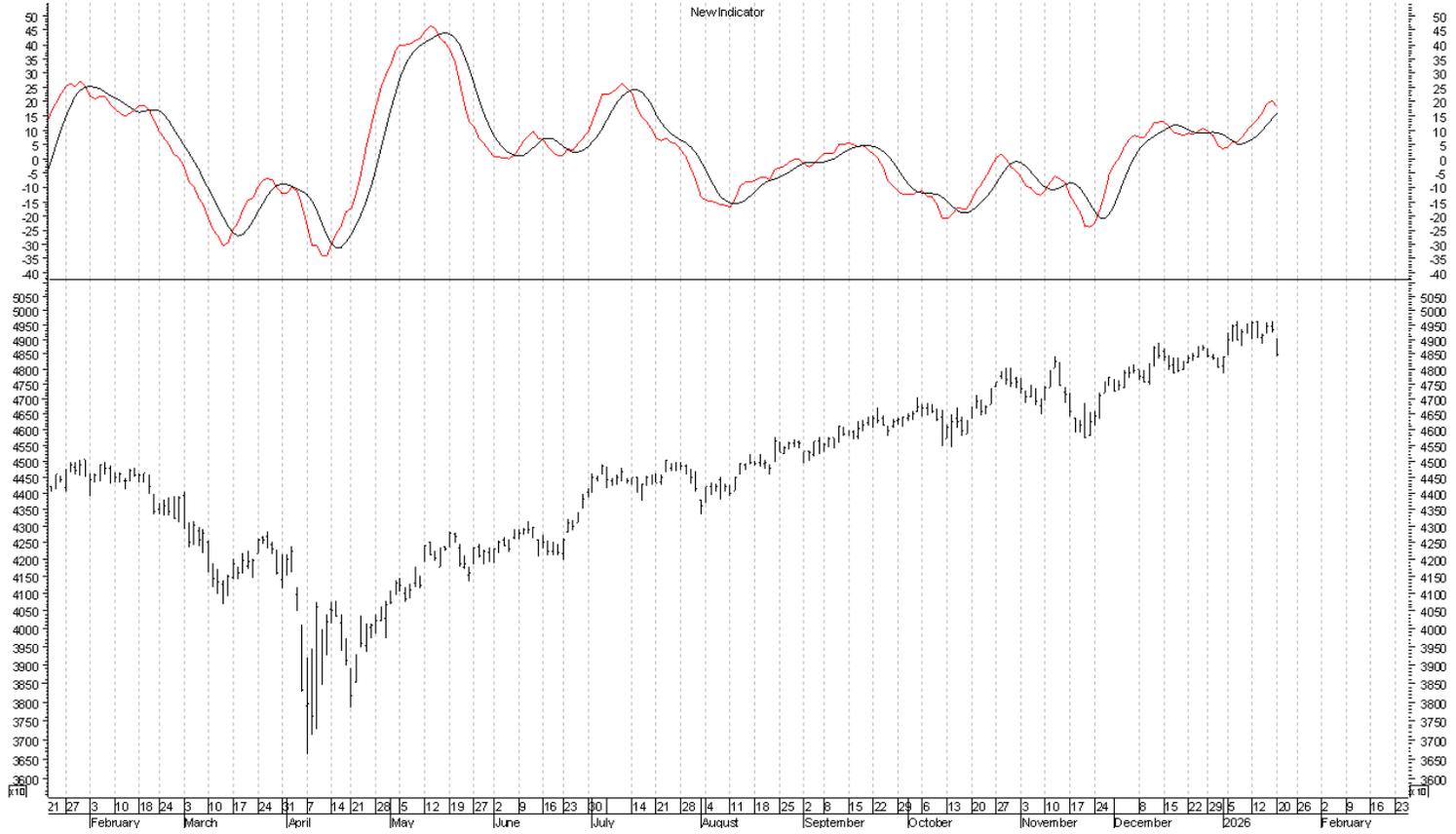
The **Intermediate Term Volume Momentum Oscillator** has crossed marginally below its trigger line while the **Intermediate Term Breadth Momentum Oscillator** remains marginally above its trigger line. Any further weakness that turns both of these indicators below their trigger lines will be further suggestive of the trading cycle top.



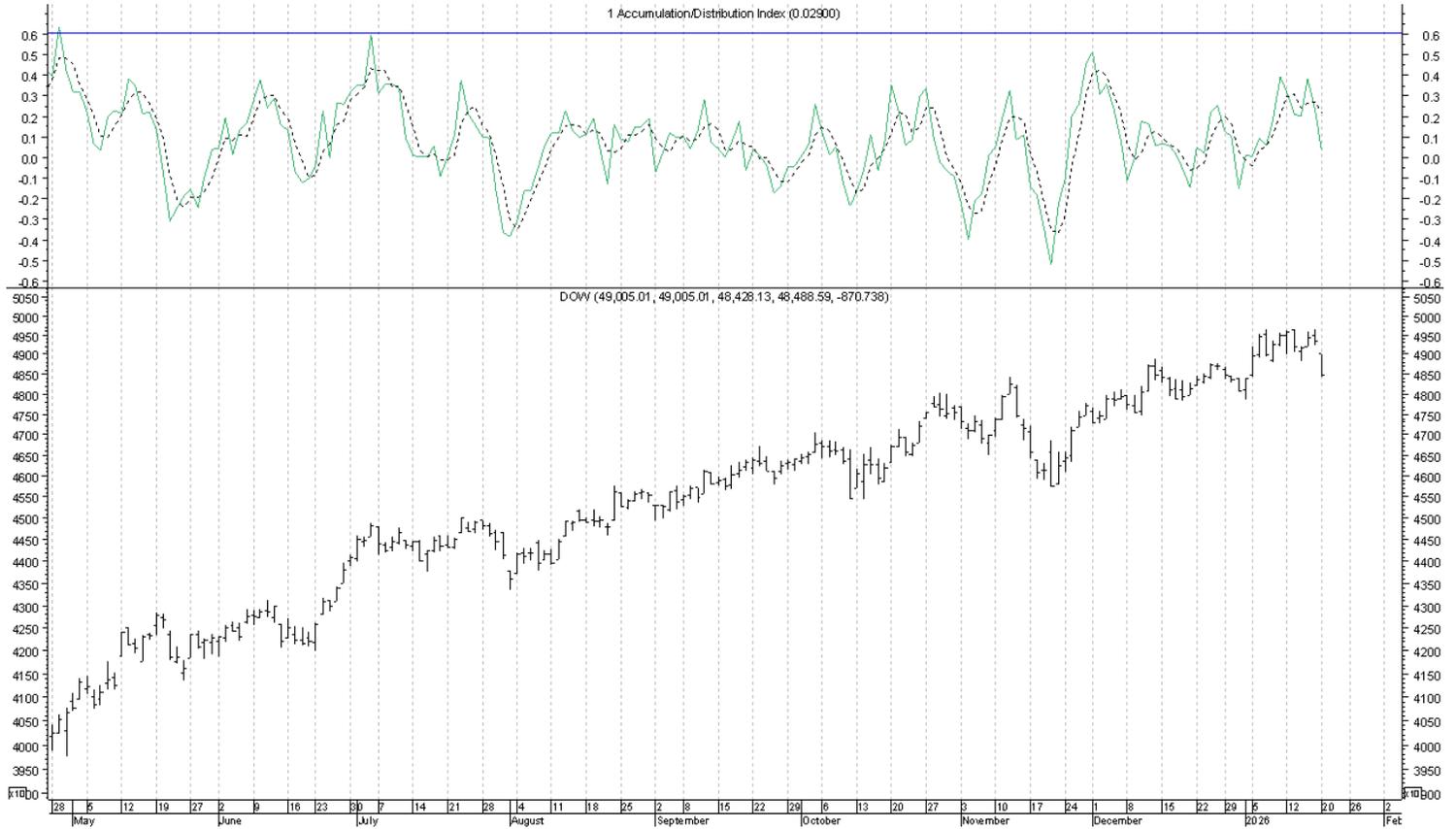
Both the **McClellan Summation Index** and the **McClellan Volume Summation Index** have turned down in association with Tuesday's triggering of a short-term sell signal. The **Ratio Adjusted McClellan Oscillator** in the upper window crossed below both the trigger and zero line in conjunction with Tuesday's triggering of a short-term sell signal, leaving the Industrials at risk of the trading cycle top, which we must assume to be in place until price action can prove otherwise.



The smoothed McClellan oscillator has begun turning down, but has not yet crossed below its trigger line. Any further weakness that turns this indicator below its trigger line will be further suggestive of the trading cycle top.



The **Accumulation/Distribution Index** turned back down on Friday. Per the weekend update, that downturn was suggestive of a top and with the completion of a daily swing high that was confirmed by a downturn of ALL Three of the Primary Short-Term Indicators on Tuesday, a short-term sell signal was triggered, leaving the Industrials at risk of this trading cycle advance having run its course.



# Gold

## End of Week Intermediate-Term Indicator Summary **Intermediate-Term Buy**

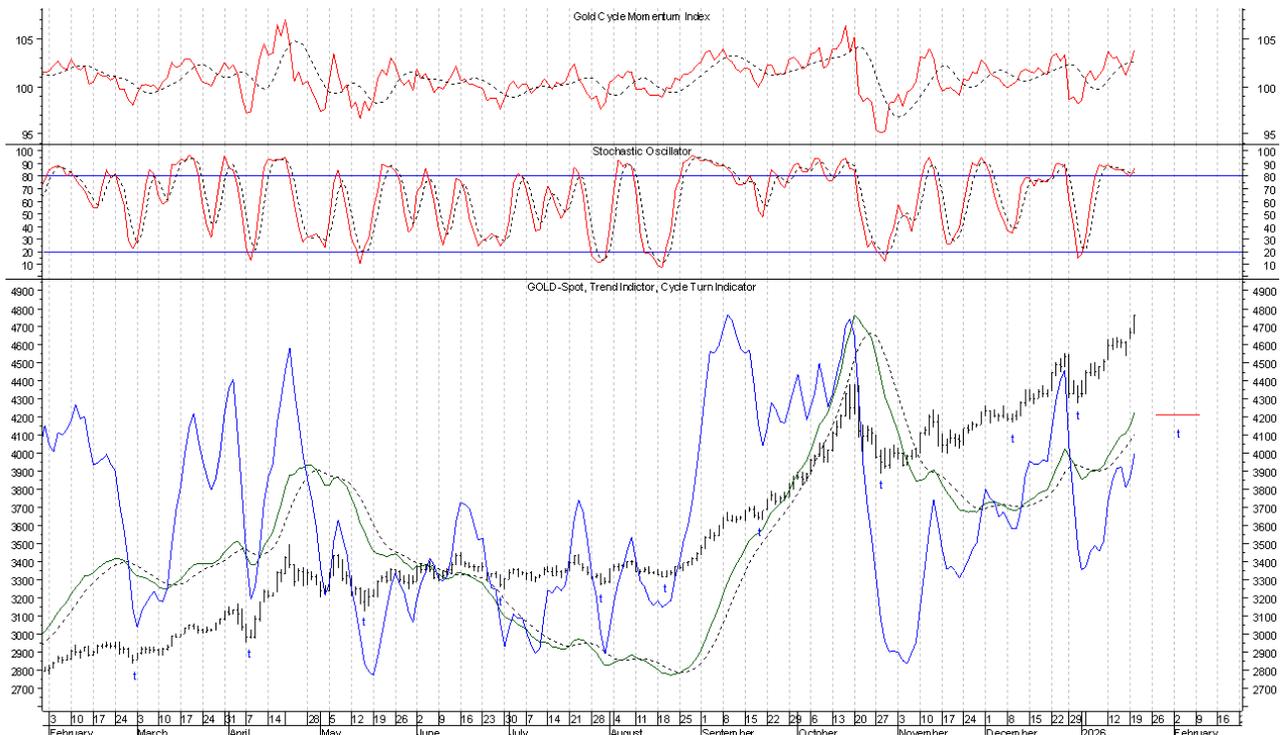
Primary Indicators	
Formation of a Weekly Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bullish
Confirming Indicators	
Trend Indicator (TI)	Bullish
Cycle Momentum Indicator	Bullish
Secondary Indicators	
5 3 3 Stochastic	Bearish

## Daily Indicator Summary **Short-Term Buy**

Primary Indicators	
Formation of a Daily Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bullish
Confirming Indicators	
Trend Indicator (TI)	Bullish
Cycle Momentum Indicator	Bullish
Secondary Short Term Indicators	
5 3 3 Stochastic	Bullish

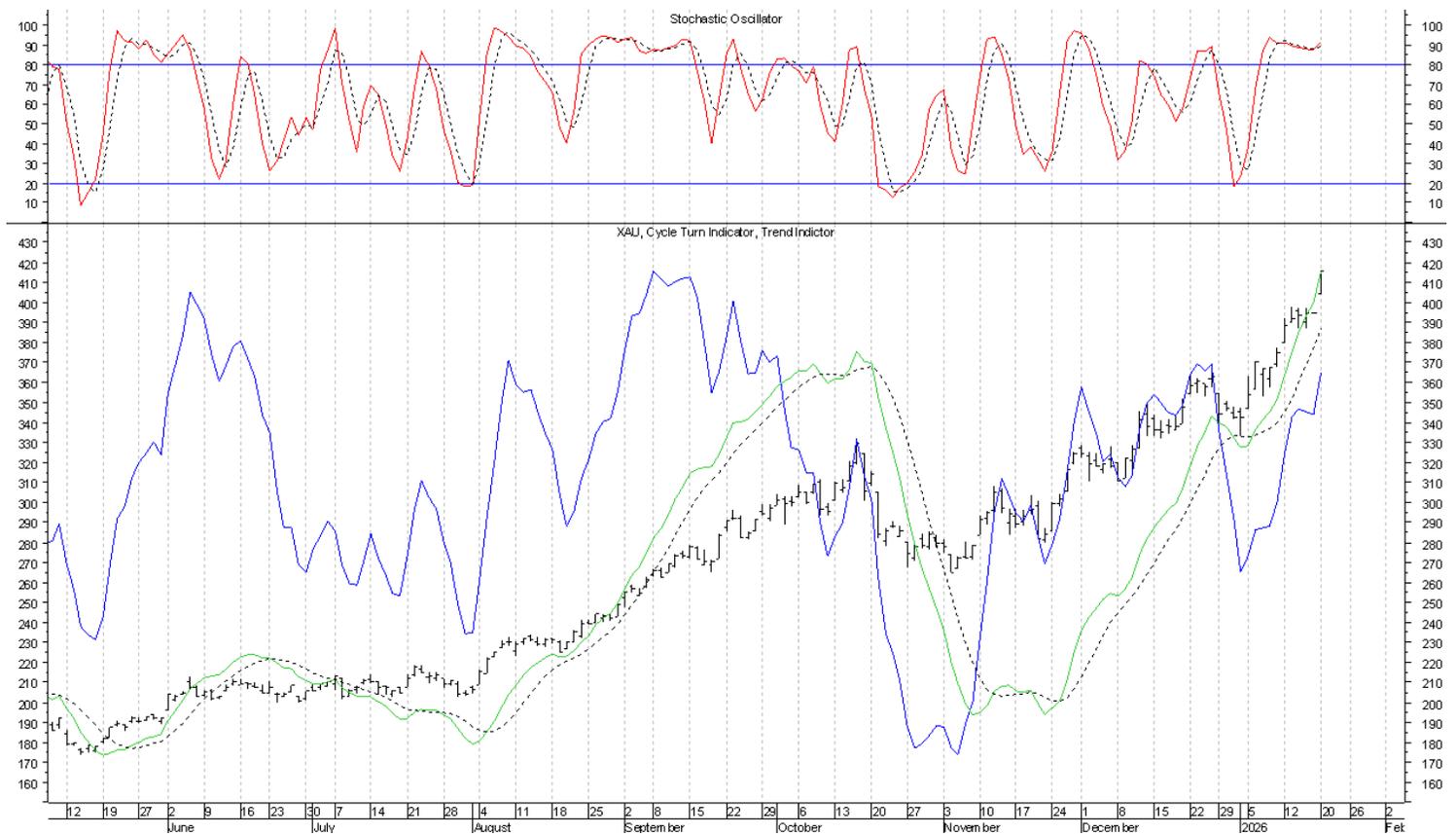
The trading cycle last bottomed on December 31st and the timing band for the next trading cycle low runs between January 27th and February 10th. Last Thursday Gold completed the formation of a daily swing high and the overall oscillator picture was suggestive of the trading cycle top. On Friday Gold moved lower, turning the daily **CTI** down. But, per the weekend update, because of the reversal off the low, that sell signal had to be confirmed with a close below Friday's low. With the completion of a daily swing low on Monday, that confirmation was not seen and with the upturn of the daily **CTI**, a short-term buy signal was re-triggered. On Tuesday more strength followed as the push into the trading cycle top continues. Once a daily swing high and downturn of the daily **CTI** are in place, another short-term sell signal will be triggered in association with what should be the trading cycle top. If the decline out of the trading cycle top completes the formation of a weekly swing high, it will leave Gold at risk of the higher degree intermediate-term cycle top.

Another daily swing high will be completed on Wednesday if 4,766.06 is not bettered and if 4,658.89 is violated.



# XAU

The last trading cycle on the XAU bottomed on January 2nd and as with Gold, the overall oscillator picture has been suggestive of a top. Last Wednesday the XAU completed the formation of a daily swing high, but with the reversal off the low and the daily CTI remaining positive, a short-term sell signal was not triggered. Last Thursday the daily CTI ticked marginally lower, but in order to trigger a short-term sell signal we needed to see a close below Thursday's low. In the absence of such close on Friday, we did not see that confirmation and with the continued advance on Tuesday, the ongoing short-term buy signal remains intact. With that said, the oscillator picture remains ripe for the trading cycle top and once a short-term sell signal is triggered, that top should be in place. If the decline out of this trading cycle top completes the formation of a weekly swing high, then we should have confirmation of the trading cycle top as well as a structural footing for the higher degree intermediate-term cycle top. Another daily swing high will be completed on Wednesday if 415.65 is not bettered and if 404.10 is violated.



## Dollar

### End of Week Intermediate-Term Indicator Summary **Intermediate-Term Buy**

#### Primary Indicators

Formation of a Weekly Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bullish

#### Confirming Indicators

Trend Indicator (TI)	Bullish
Cycle Momentum Indicator	Bullish

#### Secondary Indicators

5 3 3 Stochastic	Bullish
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### Daily Indicator Summary **Short-Term Sell**

#### Primary Indicators

Formation of a Daily Swing Low	Bearish
Cycle Turn Indicator (CTI)	Bearish

#### Confirming Indicators

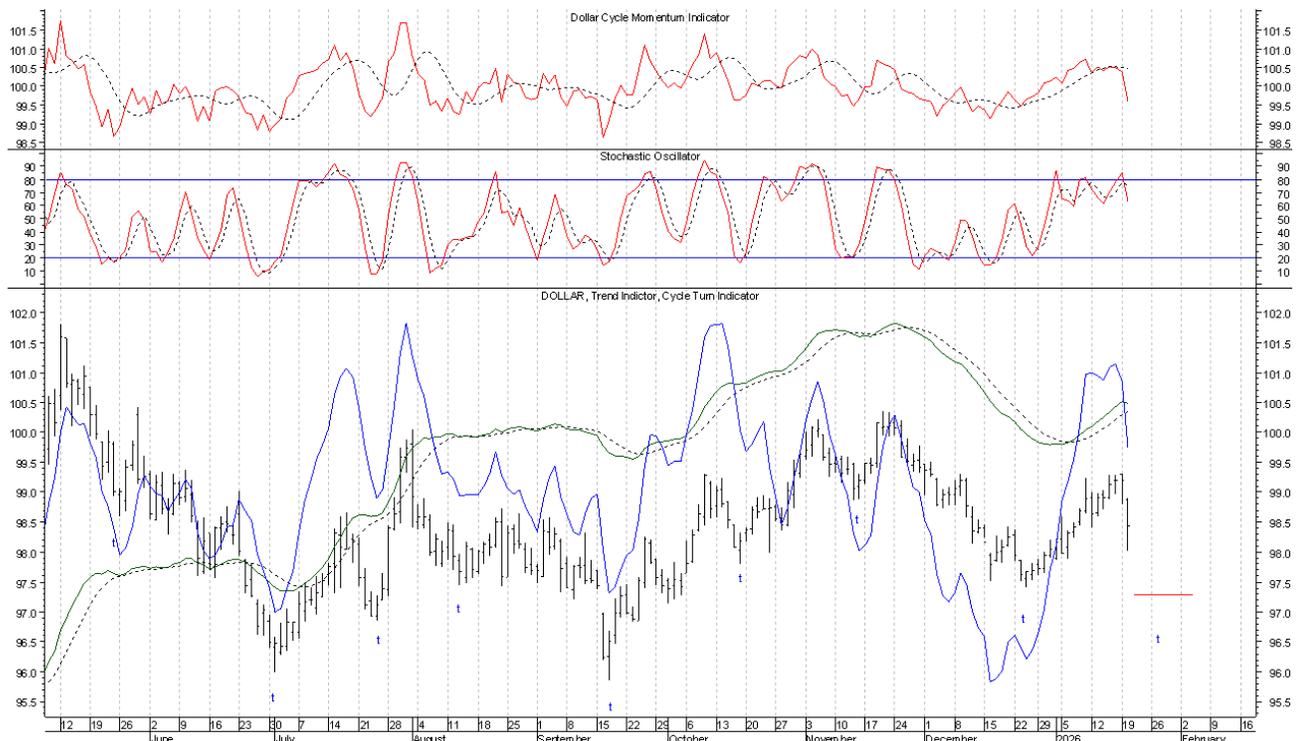
Trend Indicator (TI)	Bullish
Cycle Momentum Indicator	Bearish

#### Secondary Indicators

5 3 3 Stochastic	Bearish
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The trading cycle last bottomed on December 24th and the timing band for the pending trading cycle low runs between January 24th and February 4th. I have been saying that I would ideally like to had seen another trading cycle down into the higher degree intermediate-term cycle low, but with a weekly swing low and upturn of the weekly CTI, we have to assume the intermediate-term cycle low to have been seen. With the completion of a daily swing high and downturn of the daily CTI on Tuesday, a short-term sell signal was triggered in association with the downturn out of the trading cycle top. It is now the decline into the pending trading cycle low that serves as the structural test of the higher degree intermediate-term cycle low. If the decline into the pending trading cycle holds above the December trading cycle low, then we should have confirmation that the intermediate-term cycle low has been seen. More on this once the trading cycle low is confirmed. In the meantime, this short-term sell signal will remain intact until another daily swing low and

upturn of the daily CTI are seen. A daily swing low will be completed on Wednesday if 98.02 holds and if 98.90 is bettered.

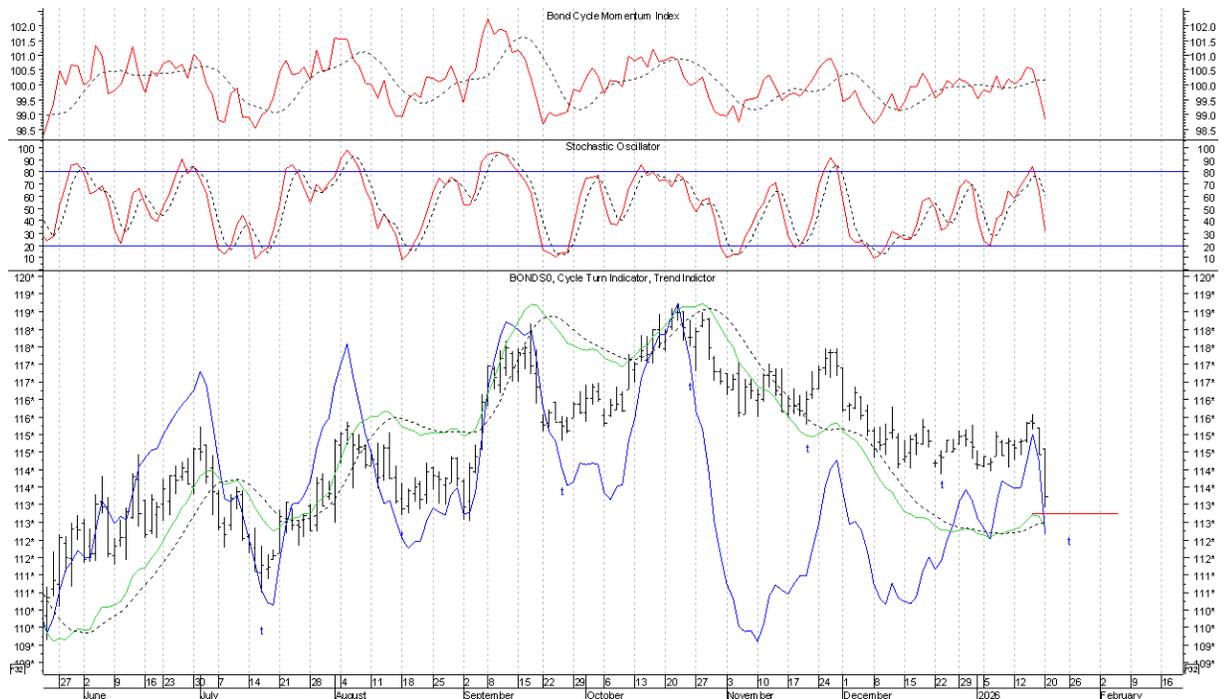


## Bonds

End of Week Intermediate-Term Indicator Summary <b>Intermediate-Term Neutral</b>	
<b>Primary Indicators</b>	
Formation of a Weekly Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bullish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bearish
Cycle Momentum Indicator	Bullish
<b>Secondary Indicators</b>	
5 3 3 Stochastic	Bullish

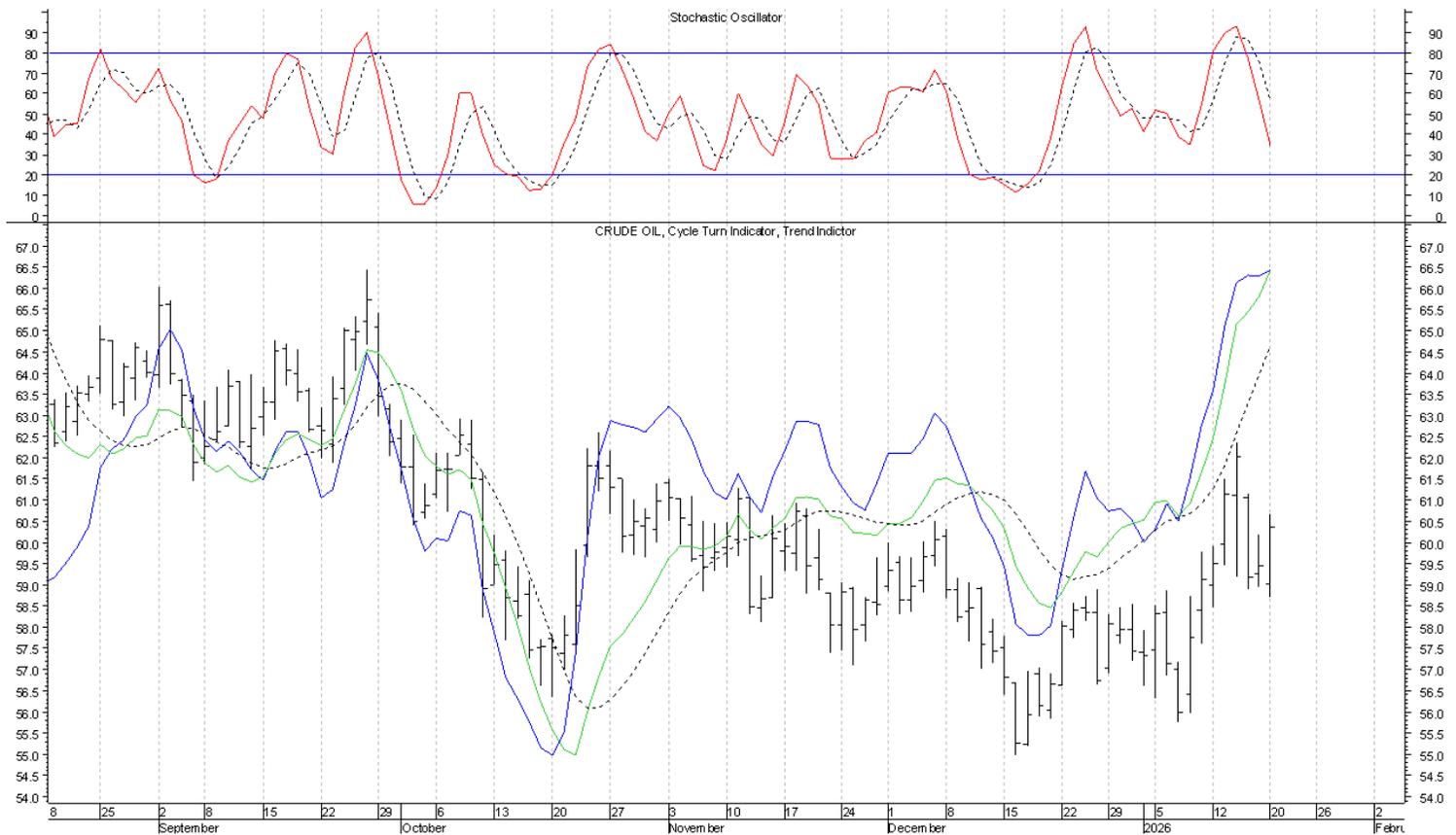
Daily Indicator Summary <b>Short-Term Sell</b>	
<b>Primary Indicators</b>	
Formation of a Daily Swing High	Bearish
Cycle Turn Indicator (CTI)	Bearish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bearish
Cycle Momentum Indicator	Bearish
<b>Secondary Short Term Indicators</b>	
5 3 3 Stochastic	Bearish

The last trading cycle bottomed on December 23rd and the timing band for the now due trading cycle low runs between January 16th and February 5th. With the completion of a daily swing high and downturn of the daily **CTI** on Friday, a short-term sell signal was triggered, leaving the long-Bond positioned for the trading cycle top. Given the current price/oscillator picture at that time and with price having moved into the early side of the timing band for the now due trading cycle low, I stated in the weekend update that we had to assume the trading cycle top to be in place. I have also continued to explain that this trading cycle served as the structural test of the intermediate-term cycle low and that it would be the decline into the trading cycle low that was key with regard to the higher degree intermediate-term cycle. With the violation of the December 23rd trading cycle low, the trading cycle top was definitely confirmed and per the weekend update, we are indeed seeing an additional trading cycle down into the intermediate-term cycle low. Friday's short-term sell signal will remain intact until another daily swing low and upturn of the daily **CTI** are seen. Once the now due trading cycle low is in place, a right-translated trading cycle advance in conjunction with the triggering of an intermediate-term buy signal should serve as confirmation of the intermediate-term cycle low.



## Crude Oil

The price action on January 15th completed the formation of a daily swing high and with the downturn of the daily **CTI**, a short-term sell signal was triggered. Thus far, that sell signal remains intact, but any further strength following Tuesday's reversal off the low that completes the formation of a daily swing low will re-trigger another short-term buy signal. At a higher level, the decline below the October intermediate-term cycle low left Crude Oil positioned with a left-translated intermediate-term cycle and for that reason, the expectation was/is for the advance in association with the December 16th daily swing low to be counter-trend and this expectation has not changed. Another daily swing low will be completed on Wednesday if 58.70 holds and if 60.68 is bettered.



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