

Tim W. Wood's

# Cycles News & Views

*Specializing in Dow Theory and Cycles Analysis*



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## Cycle Turn Indicator Direction and Swing Summary of Select Markets as of the close on January 8, 2026

Market	Daily CTI	Daily Swing	Weekly CTI	Weekly Swing
Industrial	Neutral	High	Positive	Low
Transports	Neutral	Low	Positive	Low
NDX	Negative	High	Positive	Low
S&P Inverse Fund	Negative	N/A	Negative	High
CRB Index	Positive	Low	Positive	Low
Gold	Negative	High	Negative	High
XAU	Positive	Low	Negative	Low
Dollar	Positive	Low	Positive	Low
Bonds	Positive	Low	Positive	High
Crude Oil	Positive	Low	Positive	High
Unleaded	Positive	Low	Positive	High
Natural Gas	Negative	Low	Negative	High

\*Since this fund is quoted at the end of the day it is impossible for the concept of swing highs and lows to apply on a daily level. The primary interests here are the weekly developments.

The daily is representative of the short-term and the weekly is representative of the intermediate-term

# Short-term Updates

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## **Note on the Cycle Turn Indicator**

The most important indicator we have is the Cycle Turn Indicator and the most important timeframe, at least in my mind, is the intermediate-term. This indicator has proven itself time and time again. In reality, this is all we really need to know. Everything else is secondary. That being said, please be sure to monitor the "Cycle Turn Indicator Direction and Swing Summary" above. Red indicates that a swing high and down turn of the Cycle Turn Indicator has occurred and lower prices should follow. The only exception here is that on the daily stock market signals we also want to see both the slow cycle Turn Indicator and the New High/New Low Differential in agreement with the original Cycle Turn Indicator, which is what is covered in this summary above. Yellow, is cautionary meaning that the Cycle Turn Indicator and the swing are not in agreement, which is typically indicative of a trend change. Green, means that a swing low has occurred and that the Cycle Turn Indicator is positive, which should be followed by higher prices. Again, the only exception here is the daily stock market signals in that we want to see both the slow Cycle Turn Indicator and the New High/New Low Differential in agreement with the original Cycle Turn Indicator, which is what is covered in this summary above. For everything else, all that matters is the formation of a swing and the direction of the Cycle Turn Indicator.

See Notes for New Subscribers at the bottom of the Short-Term Update Page or the Research Letter page for information on understanding Cycles and Swings.

January 8, 2026

**Stocks**

<b>End of Week Intermediate-Term Indicator Summary Intermediate-Term Buy/Neutral</b>	
<b>Primary Indicators</b>	
Formation of a Weekly Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bearish
CTI on Rydex Tempest Fund *	Bearish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bullish
Advance/Decline Issues Diff	Bullish
New High New Low Diff	Bullish
<b>Secondary Indicators</b>	
5 3 3 Stochastic	Bearish
Cycle Momentum Indicator	Bearish
<i>*When this indicator is Bullish it is negative for the market and visa versa.</i>	

<b>Daily Indicator Summary Short-Term Buy/Neutral</b>	
<b>Primary Indicators</b>	
Formation of a Daily Swing High	Bearish
Cycle Turn Indicator (CTI)	Bearish
Slow Cycle Turn Indicator (CTI)	Bullish
New High/New Low Differential	Bearish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bullish
McClellan Intermediate Term Breadth Momentum Oscillator (ITBM)	Bullish
McClellan Intermediate Term Volume Momentum Oscillator (ITVM)	Bullish
McClellan Summation Index	Bullish
McClellan Volume Summation Index	Bullish
<b>Secondary Short Term Indicators</b>	
5 3 3 Stochastic	Bearish
Cycle Momentum Indicator	Bullish
Trading Cycle Oscillator	Bullish
Momentum Indicator	Bullish
Ratio Adjusted McClellan Oscillator Crossover	Bullish
Accumulation/Distribution Index	Bullish

The timing band for the trading cycle low on the Industrials runs between December 31st and January 20th. I would like to have seen continued weakness as we moved further into the timing band for this low, but as discussed in recent updates, the trading cycle low was seen on January 2nd. On Thursday the Industrials completed the formation of a daily swing high, but because of the reversal off the low and with One of the Three Primary Short-Term Indicators remaining positive, a short-term sell signal was not triggered. Any further weakness in association with a close below Thursday's low that is confirmed by a downturn of ALL Three of the Primary Short-Term Indicators will trigger a short-term sell signal, leaving this trading cycle advance at risk of having run its course. It is the structure of this trading cycle advance that is key with regard to the higher degree intermediate-term cycle top. More on this once a short-term sell signal is triggered. Not to be redundant, but with the advance out of the October low carrying the Industrials yet another new high, the current setup with the CheckMate Chart has indeed proven to be

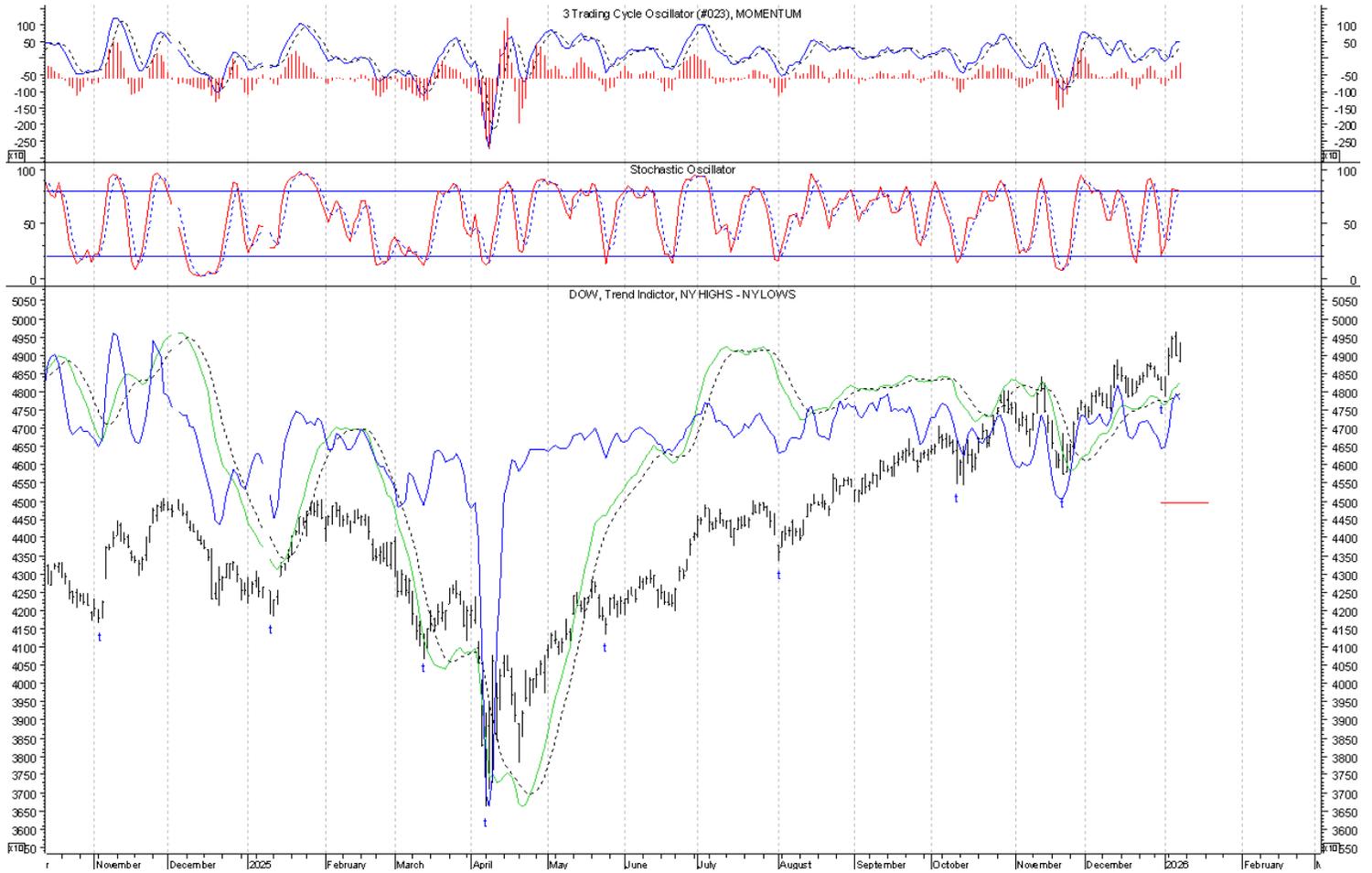
**different from the 2000, 2007 and the 2020 setup. However, with the resumption of the rate cutting cycle, this setup nonetheless continues and for that reason, we remain at a critical juncture for Equities.**

**The expectation has been for Crude Oil's advance out of the December 16th daily swing low to be counter-trend. That expectation has not changed. The price action on Thursday completed the formation of another daily swing low and with the upturn of the daily CTI, a short-term buy signal was triggered, but as confirmation of this buy signal I still want to see a close above Thursday's high. Gasoline also completed the formation of another daily swing low on Thursday and with the upturn of the daily CTI, a short-term buy signal was triggered here as well. Natural Gas triggered a short-term sell signal on December 30th and in spite of Wednesday's completion of a daily swing low, that sell signal remains intact. The CRB Index triggered a short-term sell signal on Wednesday, but on Thursday that signal was reversed and the expectation is for this advance to again be counter-trend. On Thursday Gold completed the formation of a daily swing high and with the downturn of the daily CTI, a short-term sell signal was triggered, leaving the advance out of the December 31st trading cycle low at risk of having peak. However, because of the reversal off the low, I want to see a close below Thursday's low as confirmation of this signal. The XAU triggered a short-term buy signal on Monday in conjunction with the trading cycle low. It is this trading cycle advance that serves as the structural test of the intermediate-term cycle top. In that regard, the short-term oscillator picture has ripened for a possible trading cycle top. A left-translated trading cycle top will be suggestive of the intermediate-term and what should also ideally be the seasonal cycle top. The Dollar's advance out of the December 24th trading cycle low remains intact and a right-translated trading cycle advance will now be indicative of the higher degree intermediate-term cycle low. The timing band for the current trading cycle low on the long-Bond ran between December 12th and January 5th. Based on the current price/oscillator picture, the evidence continues to point to this low having been seen on December 23rd. While this low has continued to hold, we need to see a bettering of the December 31st high in order to begin to mend the risk of a failing and left-translated trading cycle.**

The Intermediate Term Advancing Issues Line, plotted in red, ticked up last Friday in association with the trading cycle low and that upturn continues. The crossing of the Green MA above the Black MA has served as further confirmation of the intermediate-term cycle low. As a result, another downturn will be suggestive of the intermediate-term cycle top.

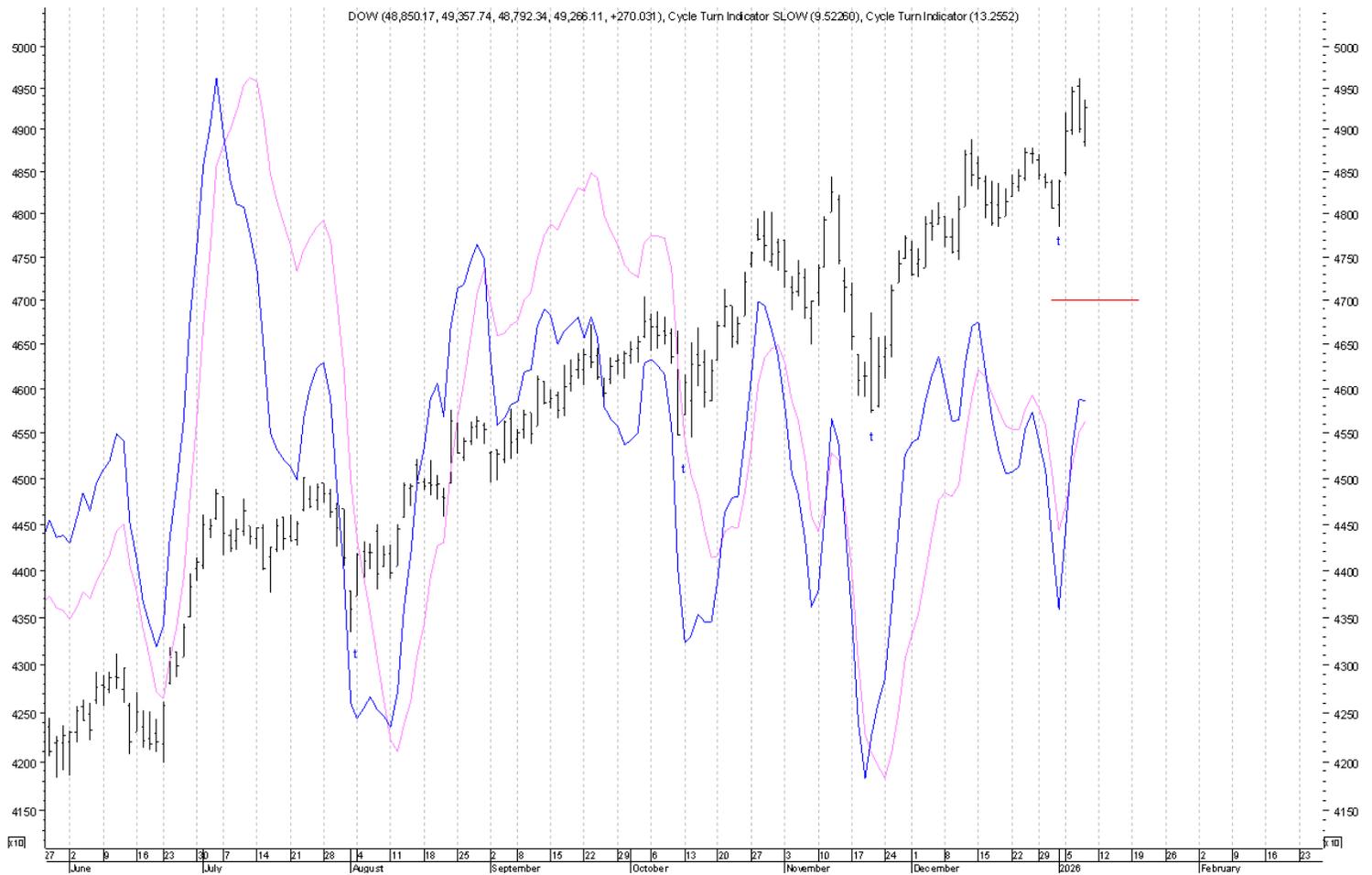


The **Trading Cycle Oscillator** in the upper window continues its upturn in association with the advance out of the trading cycle low as does the **Momentum** Indicator. The **5 3 3 Stochastic** in the middle window has ticked marginally below its trigger line from overbought level. The **New High/New Low Differential**, plotted with price, ticked marginally lower on Thursday. The **Trend Indicator** continues its upturn in association with the trading cycle advance.

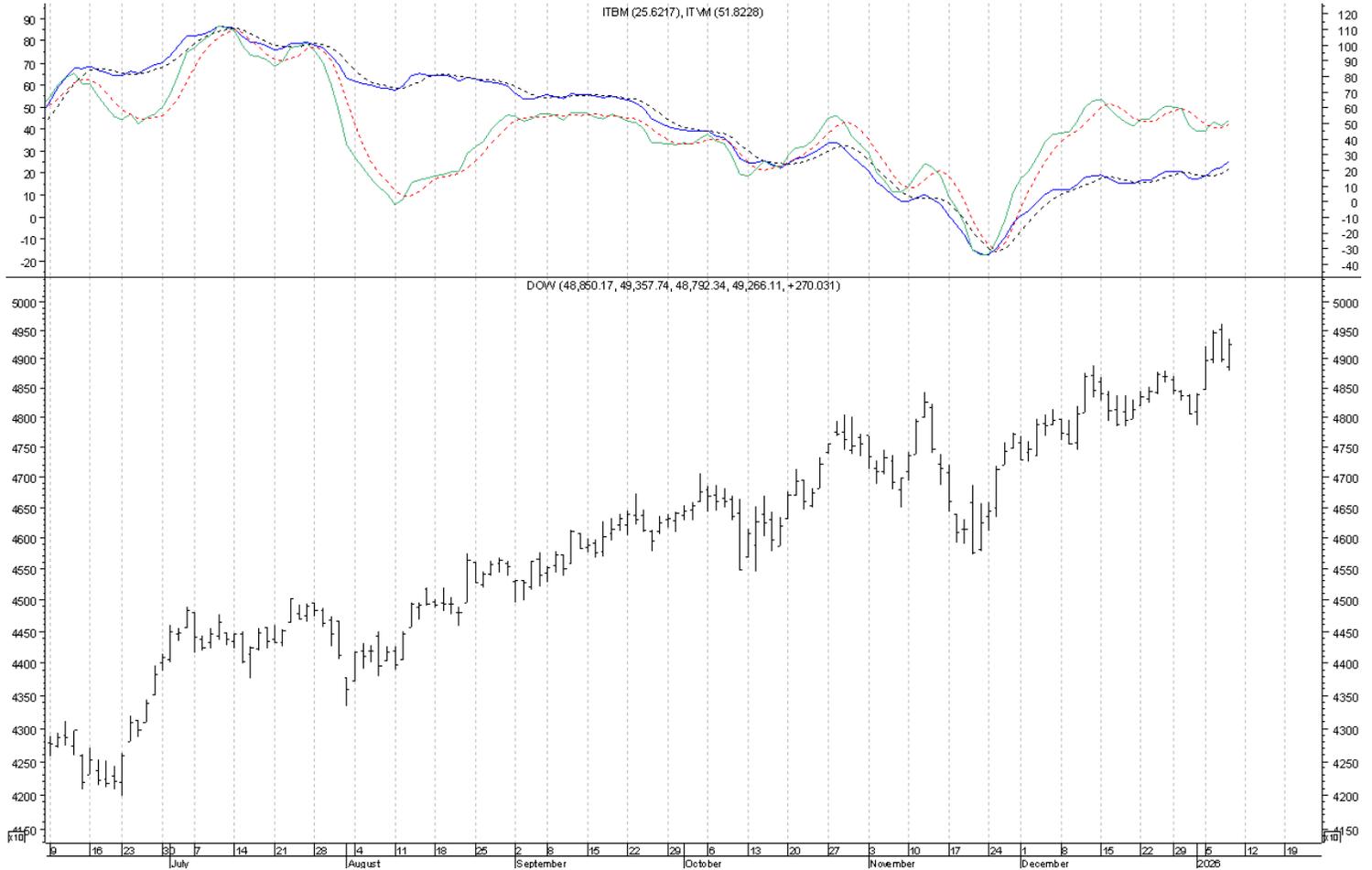


The Three Primary Short-Term Indicators are the **Original** and the **Slow** Cycle Turn Indicators, both plotted below, and the **NYSE New High/New Low Differential**, plotted with price above.

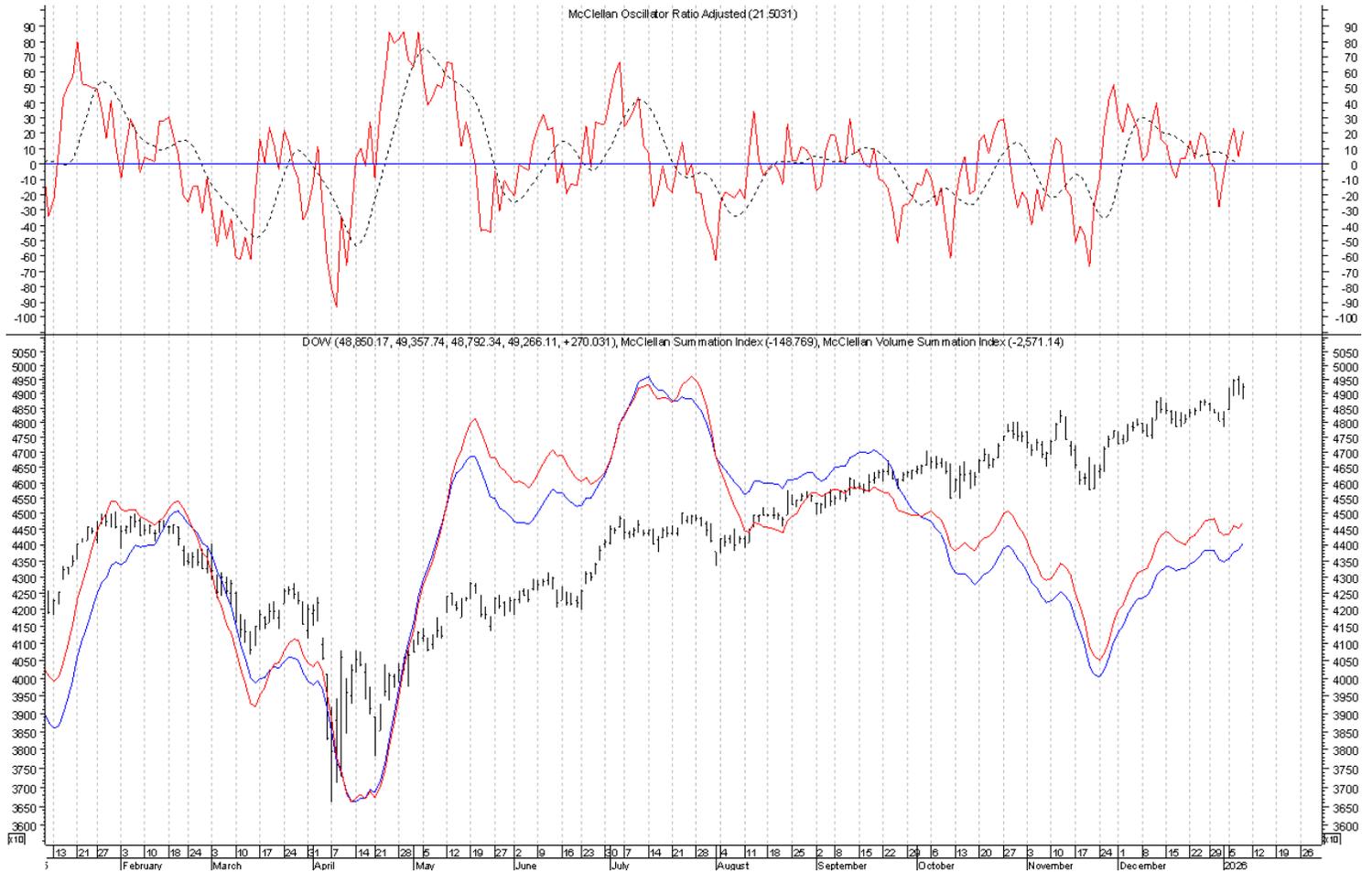
On Monday the Industrials completed the formation of a daily swing low and with the upturn of ALL Three of the Primary Short-Term Indicators, a short-term buy signal was triggered in association with the January 2nd trading cycle low. On Thursday, the Industrials completed the formation of a daily swing high and any further weakness in association with a close below Thursday's low that turns ALL Three of the Primary Short-Term Indicators down will trigger a short-term sell signal, leaving the Industrials at risk of the trading cycle top.



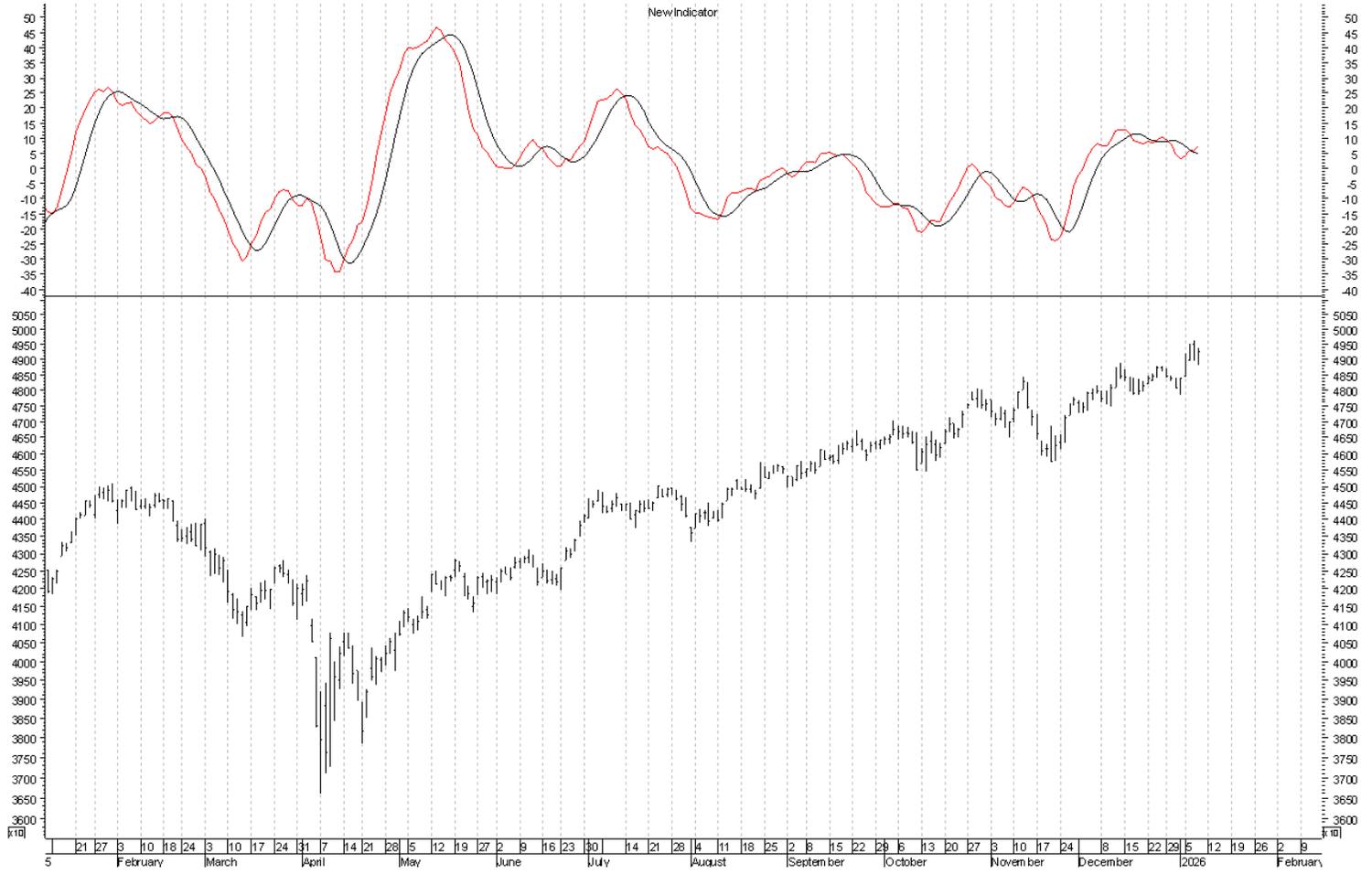
Both the **Intermediate Term Volume Momentum Oscillator** and the **Intermediate Term Breadth Momentum Oscillator** continue their upturns in association with the advance out of the trading cycle low. The triggering of a short-term sell signal in conjunction with a downturn of these indicators below their trigger lines will be suggestive of the trading cycle top.



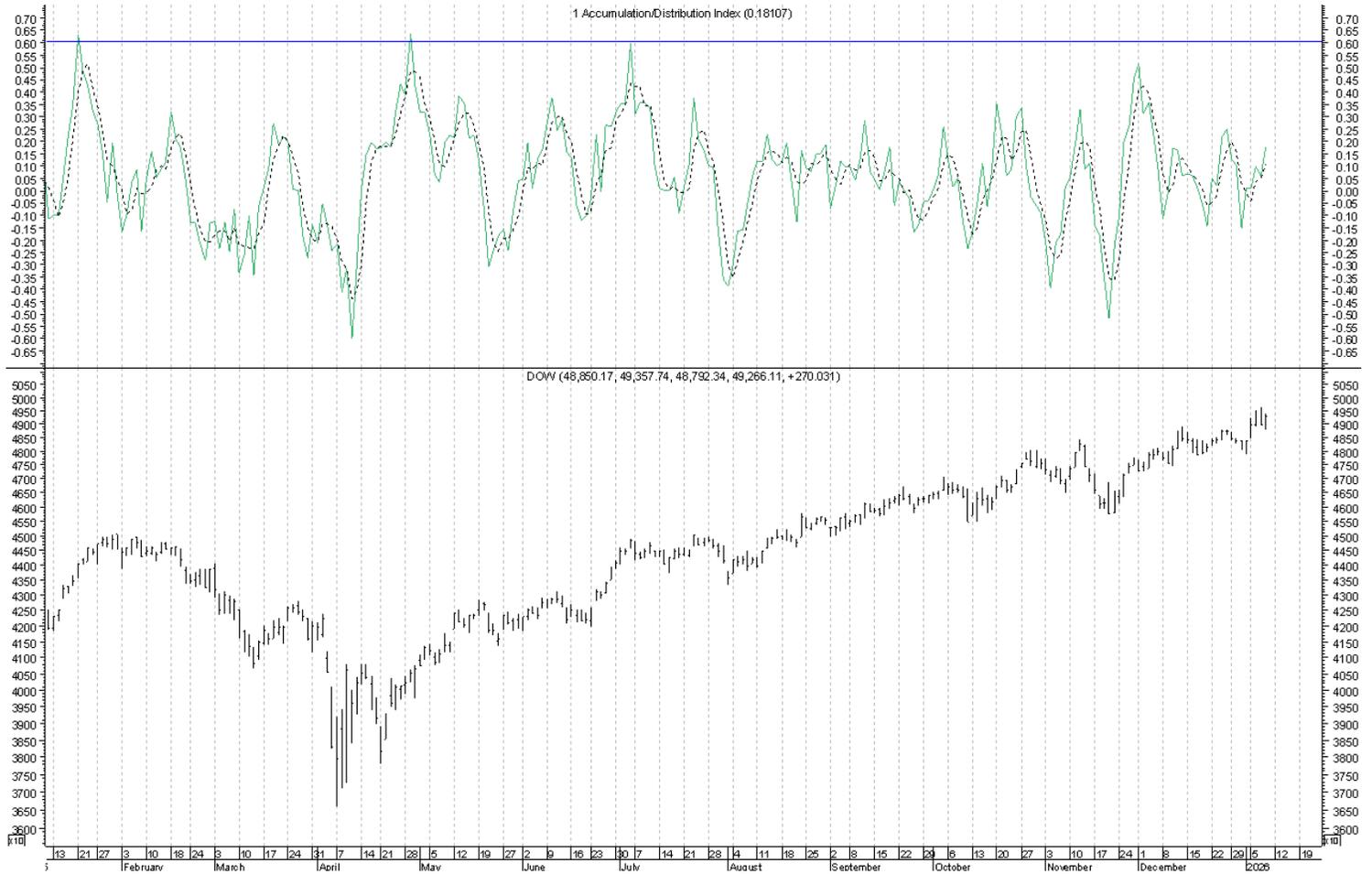
Both the **McClellan Summation Index** and the **McClellan Volume Summation Index** also continue their upturn in association with the advance out of the trading cycle low. The **Ratio Adjusted McClellan Oscillator** remains above its trigger and zero lines. The triggering of a short-term sell signal in association with a decline back below both the trigger and zero line will be suggestive of the trading cycle top.



The smoothed McClellan oscillator has crossed back above its trigger line in association with the advance out of the trading cycle low. The triggering of another short-term sell signal in association with a crossing back below the trigger line will be suggestive of the trading cycle top.



The **Accumulation/Distribution Index** continues its upturn in association with the advance out of the trading cycle low. Another downturn here will now be hinting of a possible trading cycle top.

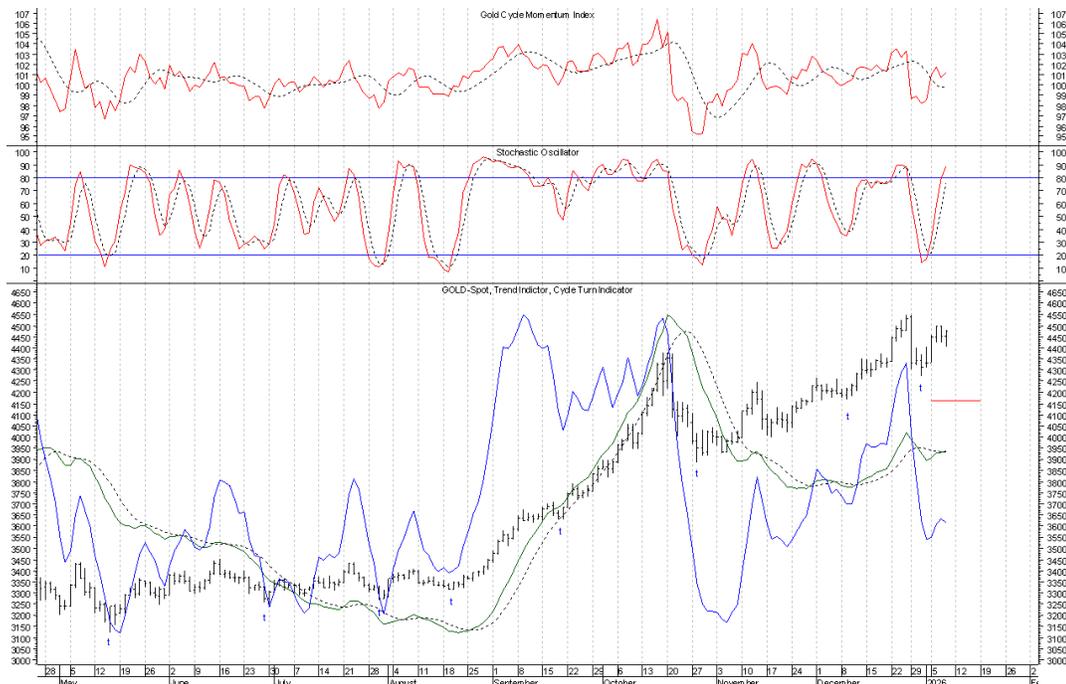


# Gold

End of Week Intermediate-Term Indicator Summary <b>Intermediate-Term Sell</b>	
<b>Primary Indicators</b>	
Formation of a Weekly Swing High	Bearish
Cycle Turn Indicator (CTI)	Bearish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bullish
Cycle Momentum Indicator	Bearish
<b>Secondary Indicators</b>	
5 3 3 Stochastic	Bearish

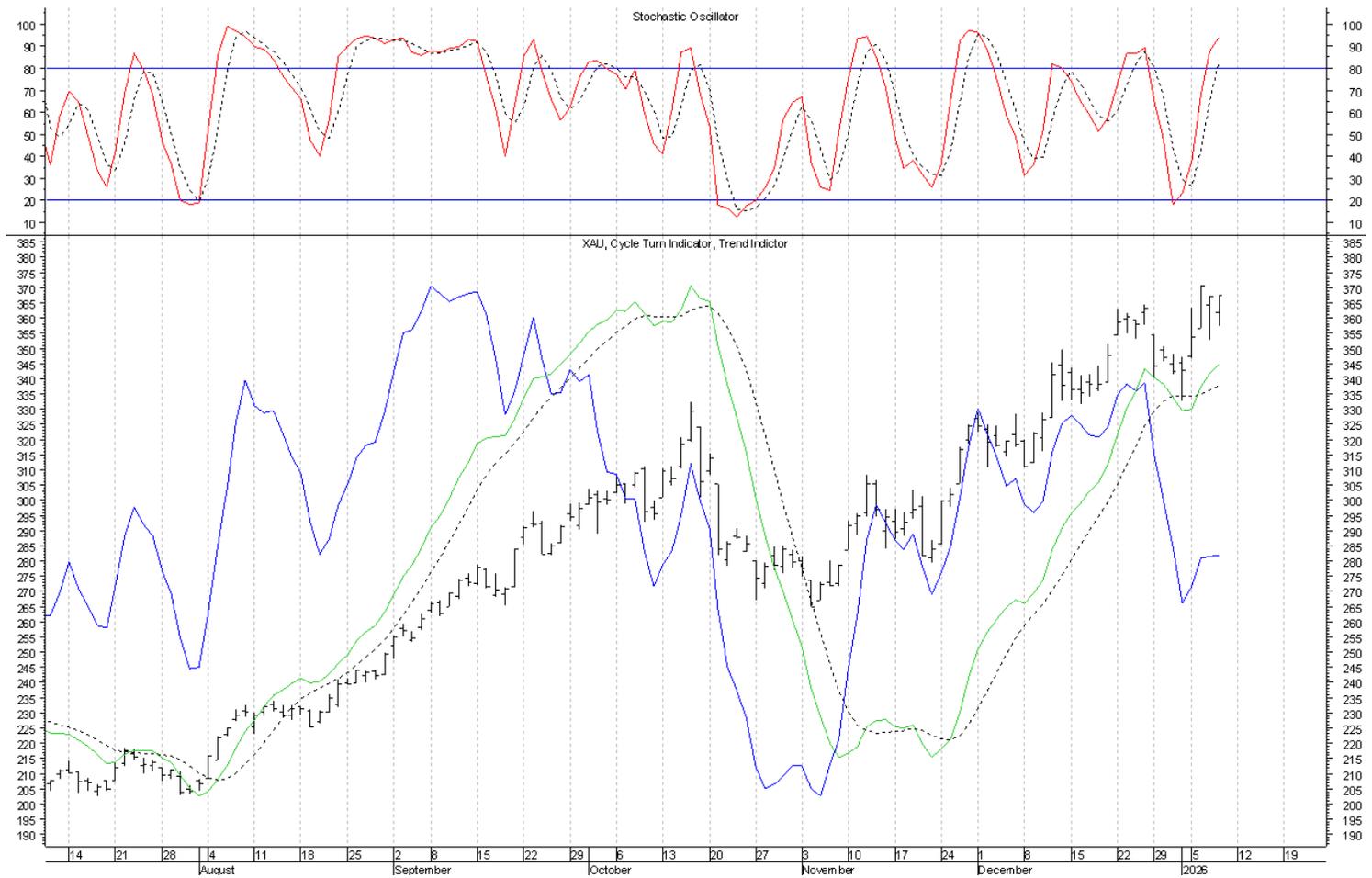
Daily Indicator Summary <b>Short-Term Sell</b>	
<b>Primary Indicators</b>	
Formation of a Daily Swing High	Bearish
Cycle Turn Indicator (CTI)	Bearish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bullish
Cycle Momentum Indicator	Bullish
<b>Secondary Short Term Indicators</b>	
5 3 3 Stochastic	Bullish

The timing band for the current trading cycle low runs between January 5th and January 19th. While we are still within this timing band, every indication is that the trading cycle low was seen early in conjunction with the December 31st daily swing low. With a weekly swing high in place, Gold remains at risk of the intermediate-term cycle top and we knew that it was/is the advance out of this trading cycle low that would serve as the structural test of the higher degree intermediate-term cycle top. On Thursday, Gold completed the formation of a daily swing high and with the downturn of the daily CTI, a short-term sell signal was triggered, leaving this trading cycle advance at risk of having peak. That said, because of the reversal off the low on Thursday, I want to see a close below Thursday's low as confirmation of this short-term sell signal. Further confirmation of a left-translated trading cycle top will leave Gold positioned for further weakness in association with the downturn out of the higher degree intermediate-term cycle top. Another daily swing low will be completed on Friday if 4,406.89 holds and if 4,479.27 is bettered.



# XAU

The last trading cycle low was seen on December 8th and with the completion of a daily swing low and the corresponding upturn of the daily **CTI** on Monday, a short-term buy signal was triggered in association with the January 2nd trading cycle low. With the December high having been bettered, we have seen a continued advance into the intermediate-term and seasonal cycle top. Short-term, the oscillator picture has ripened for a possible trading cycle top. A left-translated trading cycle top will be suggestive of the intermediate-term and what should also ideally be the seasonal cycle top, but until a daily swing high AND downturn of the daily **CTI** are seen, this short-term buy signal and trading cycle advance will remain intact. A daily swing high will be completed on Friday if 367.43 is not bettered and if 357.34 is violated.



## Dollar

### End of Week Intermediate-Term Indicator Summary **Intermediate-Term Sell**

#### Primary Indicators

Formation of a Weekly Swing High	Bearish
Cycle Turn Indicator (CTI)	Bearish

#### Confirming Indicators

Trend Indicator (TI)	Bullish
Cycle Momentum Indicator	Bearish

#### Secondary Indicators

5 3 3 Stochastic	Bullish
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### Daily Indicator Summary **Short-Term Buy**

#### Primary Indicators

Formation of a Daily Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bullish

#### Confirming Indicators

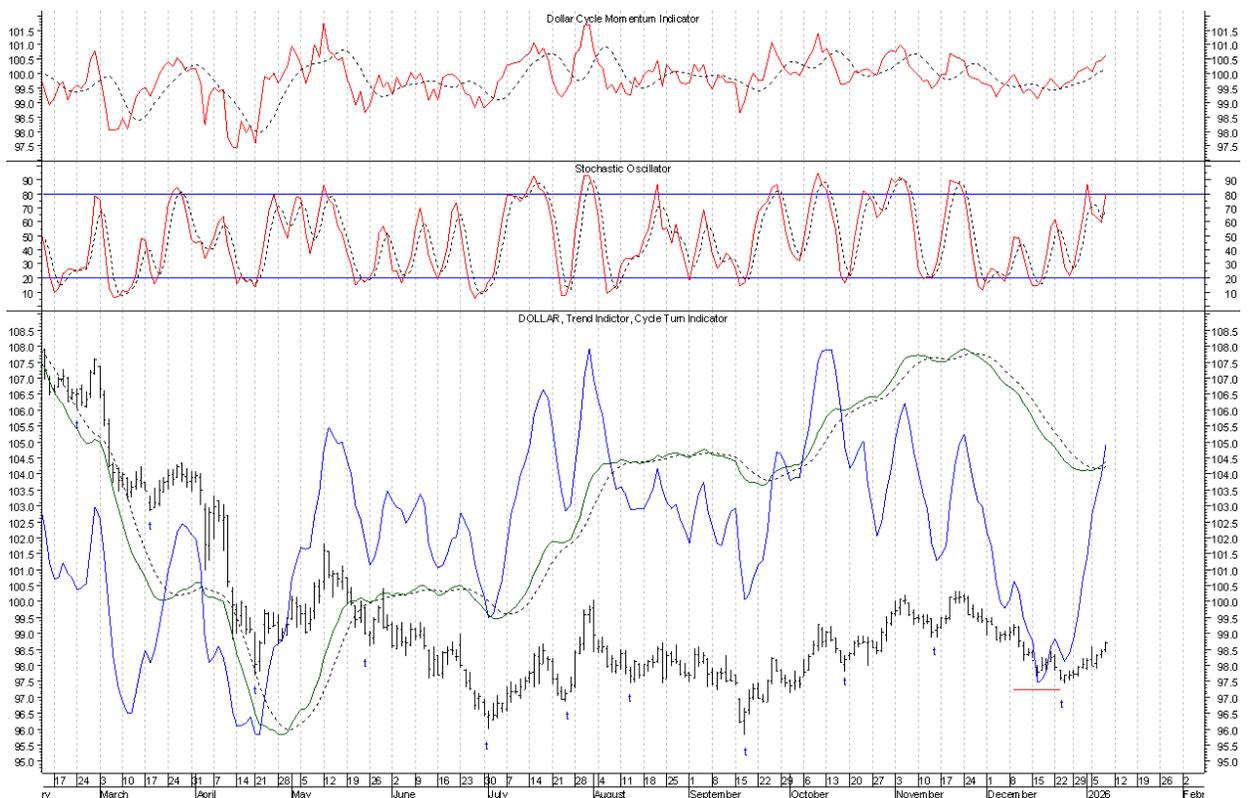
Trend Indicator (TI)	Bullish
Cycle Momentum Indicator	Bullish

#### Secondary Indicators

5 3 3 Stochastic	Bullish
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The timing band for the current trading cycle low ran between December 9th and December 23rd. As explained in previous updates, this low was seen with the additional push down into the December 24th daily swing low and the accompanying short-term buy signal will continue to remain intact until both a daily swing high and downturn of the daily **CTI** are seen. Ideally, I would like to have seen one more trading cycle down as we are now moving into the early portion of the timing band for the intermediate-term cycle low. But, with a weekly swing low in the making, we now have a structural footing in place for the intermediate-term cycle low. If this trading cycle can continue higher with a right-translated structure, then every indication will be that the intermediate-term cycle has bottomed slightly early in conjunction with the current trading cycle low.

Another daily swing high will be completed on Friday if 98.73 is not bettered and if 98.43 is violated.

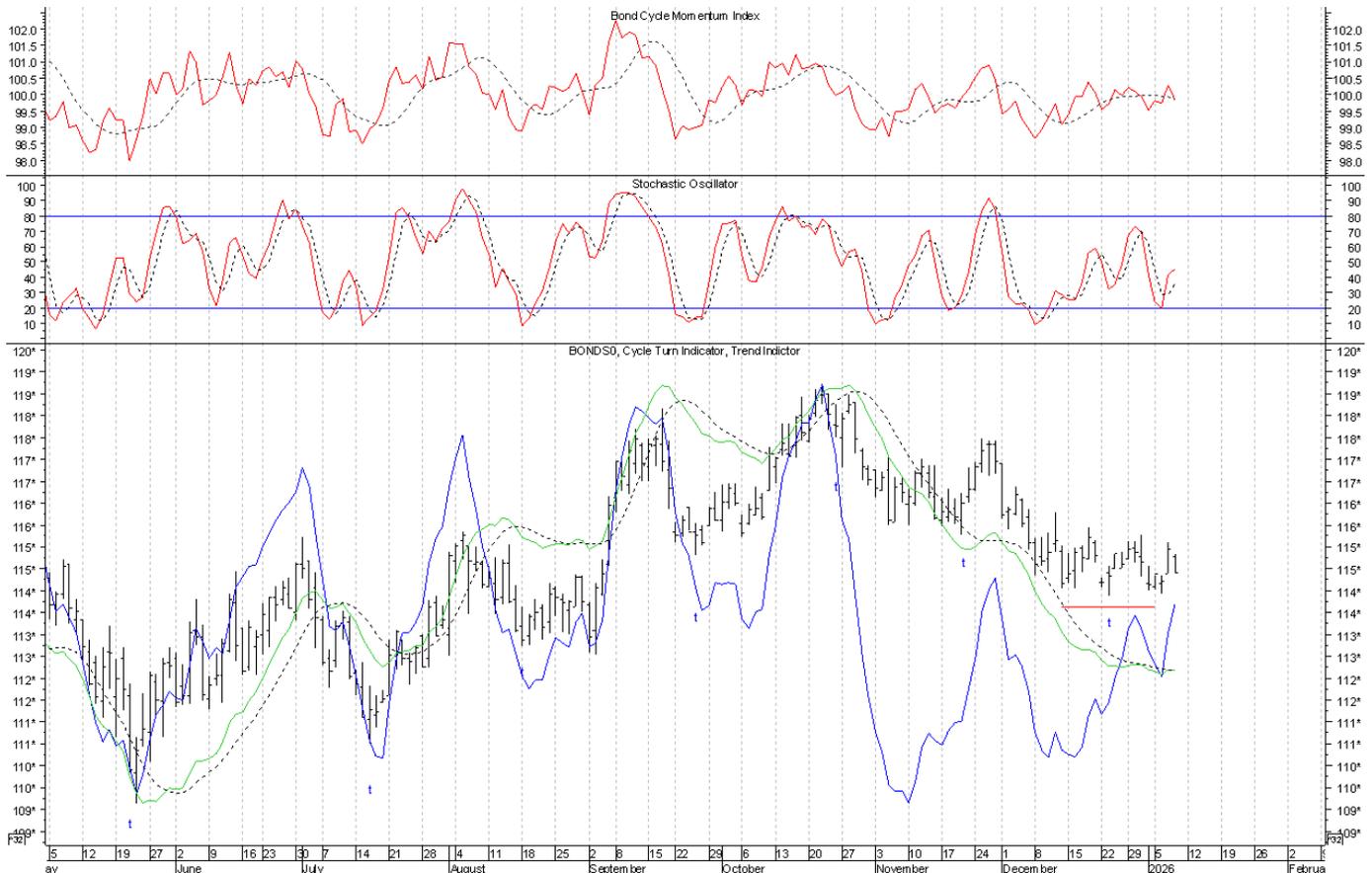


## Bonds

End of Week Intermediate-Term Indicator Summary <b>Intermediate-Term Sell</b>	
<b>Primary Indicators</b>	
Formation of a Weekly Swing High	Bearish
Cycle Turn Indicator (CTI)	Bullish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bearish
Cycle Momentum Indicator	Bearish
<b>Secondary Indicators</b>	
5 3 3 Stochastic	Bullish

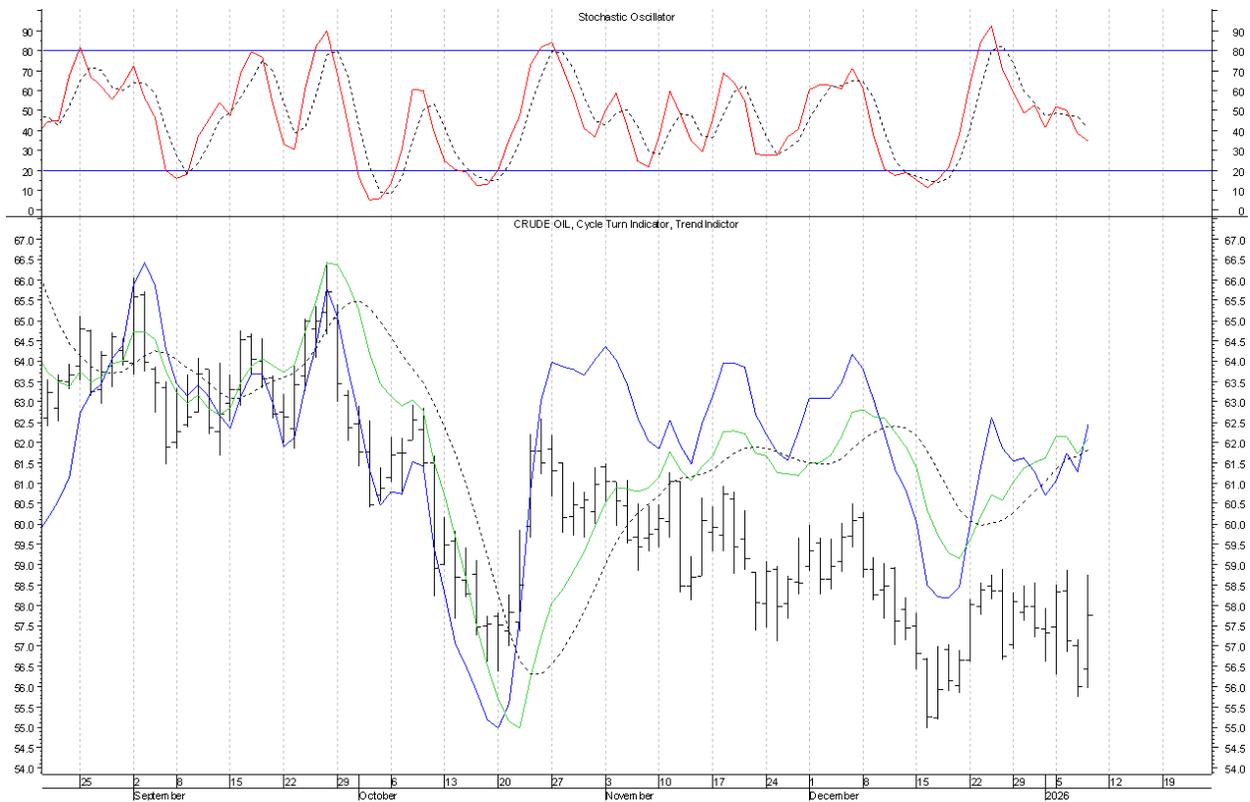
Daily Indicator Summary <b>Short-Term Buy</b>	
<b>Primary Indicators</b>	
Formation of a Daily Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bullish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bearish
Cycle Momentum Indicator	Bearish
<b>Secondary Short Term Indicators</b>	
5 3 3 Stochastic	Bullish

The timing band for the now due trading cycle low ran between December 12th and January 5th. No change here. Based on the current price/oscillator picture, every indication is that this low was seen on December 23rd. While this low has thus far held, the risk of a failed and left-translated structure has not yet been eliminated. It is the advance out of this trading cycle low that remains structurally key with respect to the higher degree intermediate-term cycle in that we need to see a right-translated trading cycle advance. Confirmation of a failed and left-translated trading cycle will leave Bonds positioned for another trading cycle down into the higher degree intermediate-term cycle low. Therefore, this trading cycle remains key.



## Crude Oil

The decline below the October intermediate-term cycle low left Crude Oil positioned with a left-translated intermediate-term cycle and for that reason, the expectation has been for the advance in association with the December 16th daily swing low to be counter-trend and this expectation has not changed. On Monday Crude Oil reversed higher but in the absence of a daily swing low, a short-term buy signal was not triggered. On Tuesday Crude Oil initially moved higher, completing the formation of a daily swing low and with the daily **CTI** having turned up on Monday, a short-term buy signal was triggered. But, because of Tuesday's reversal lower, that buy signal was questionable and needed to be confirmed with a close above Tuesday's high. On Wednesday another daily swing high was formed so that confirmation was not seen. As this whipsaw action continues, the price action on Thursday completed the formation of another daily swing low and with the upturn of the daily **CTI**, a short-term buy signal was triggered. While Crude Oil closed some \$2.40 higher on Thursday, because of the reversal off the high, I still want to see a close above Thursday's high as confirmation of this buy signal. Any weakness on Friday that completes the formation of another daily swing high will be suggestive of this advance having run its course. Another daily swing high will be completed on Friday if 58.74 is not bettered and if 55.97 is violated.



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