

Tim W. Wood's

# Cycles News & Views

*Specializing in Dow Theory and Cycles Analysis*



1545 Gulf Shores Pkwy, PMB #251 • Gulf Shores, Alabama 36542 • 504-208-9781 • www.cyclesman.net

---

## Cycle Turn Indicator Direction and Swing Summary of Select Markets as of the close on January 6, 2026

Market	Daily CTI	Daily Swing	Weekly CTI	Weekly Swing
Industrial	Positive	Low	Positive	Low
Transports	Positive	Low	Positive	Low
NDX	Neutral	Low	Negative	Low
S&P Inverse Fund	Negative	N/A	Negative	High
CRB Index	Positive	High	Positive	Low
Gold	Positive	Low	Negative	High
XAU	Positive	Low	Negative	Low
Dollar	Positive	High	Positive	Low
Bonds	Negative	High	Positive	High
Crude Oil	Positive	Low	Positive	Low
Unleaded	Positive	Low	Negative	High
Natural Gas	Negative	High	Negative	High

\*Since this fund is quoted at the end of the day it is impossible for the concept of swing highs and lows to apply on a daily level. The primary interests here are the weekly developments.

The daily is representative of the short-term and the weekly is representative of the intermediate-term

# Short-term Updates

---

## **Note on the Cycle Turn Indicator**

The most important indicator we have is the Cycle Turn Indicator and the most important timeframe, at least in my mind, is the intermediate-term. This indicator has proven itself time and time again. In reality, this is all we really need to know. Everything else is secondary. That being said, please be sure to monitor the "Cycle Turn Indicator Direction and Swing Summary" above. Red indicates that a swing high and down turn of the Cycle Turn Indicator has occurred and lower prices should follow. The only exception here is that on the daily stock market signals we also want to see both the slow cycle Turn Indicator and the New High/New Low Differential in agreement with the original Cycle Turn Indicator, which is what is covered in this summary above. Yellow, is cautionary meaning that the Cycle Turn Indicator and the swing are not in agreement, which is typically indicative of a trend change. Green, means that a swing low has occurred and that the Cycle Turn Indicator is positive, which should be followed by higher prices. Again, the only exception here is the daily stock market signals in that we want to see both the slow Cycle Turn Indicator and the New High/New Low Differential in agreement with the original Cycle Turn Indicator, which is what is covered in this summary above. For everything else, all that matters is the formation of a swing and the direction of the Cycle Turn Indicator.

See Notes for New Subscribers at the bottom of the Short-Term Update Page or the Research Letter page for information on understanding Cycles and Swings.

January 6, 2026

**Stocks**

<b>End of Week Intermediate-Term Indicator Summary Intermediate-Term Buy/Neutral</b>	
<b>Primary Indicators</b>	
Formation of a Weekly Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bearish
CTI on Rydex Tempest Fund *	Bearish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bullish
Advance/Decline Issues Diff	Bullish
New High New Low Diff	Bullish
<b>Secondary Indicators</b>	
5 3 3 Stochastic	Bearish
Cycle Momentum Indicator	Bearish
<i>*When this indicator is Bullish it is negative for the market and visa versa.</i>	

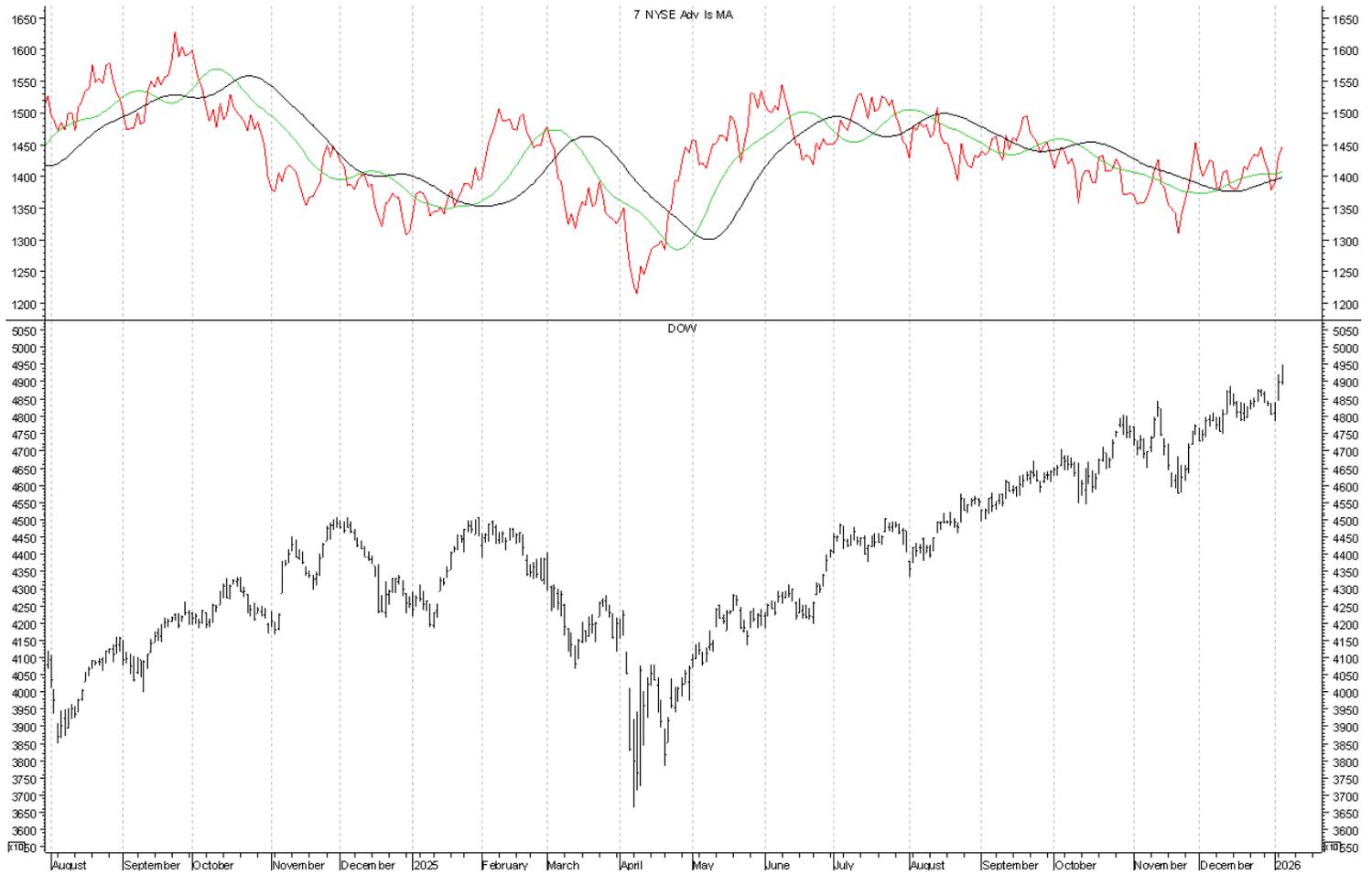
<b>Daily Indicator Summary Short-Term Buy</b>	
<b>Primary Indicators</b>	
Formation of a Daily Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bullish
Slow Cycle Turn Indicator (CTI)	Bullish
New High/New Low Differential	Bullish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bullish
McClellan Intermediate Term Breadth Momentum Oscillator (ITBM)	Bullish
McClellan Intermediate Term Volume Momentum Oscillator (ITVM)	Bullish
McClellan Summation Index	Bullish
McClellan Volume Summation Index	Bullish
<b>Secondary Short Term Indicators</b>	
5 3 3 Stochastic	Bullish
Cycle Momentum Indicator	Bullish
Trading Cycle Oscillator	Bullish
Momentum Indicator	Bullish
Ratio Adjusted McClellan Oscillator Crossover	Bullish
Accumulation/Distribution Index	Bullish

The timing band for the trading cycle low on the Industrials runs between December 31st and January 20th. As was discussed in the weekend update, this low should have ideally been seen in conjunction with another push down as we moved further into this window, but with Friday’s reversal higher having occurred within the early portion of the timing band, we knew that it was possible the trading cycle low had been seen. With the advance on Monday completing the formation of a daily swing low, along with the corresponding upturn of ALL Three of the Primary Short-Term Indicators, a short-term buy signal was triggered in association with the trading cycle low. With the decline into the January 2nd trading cycle low not having triggered an intermediate-term sell signal, the intermediate-term buy signal in association with the November 20th intermediate-term cycle low held and now with the upturn out of this trading cycle low carrying the Industrials to yet another new high, that buy signal obviously remains intact. It is now the current trading cycle advance in which the opportunity to cap the intermediate-term cycle advance will next come and the structure of this trading cycle advance will be key in that regard. Not to be

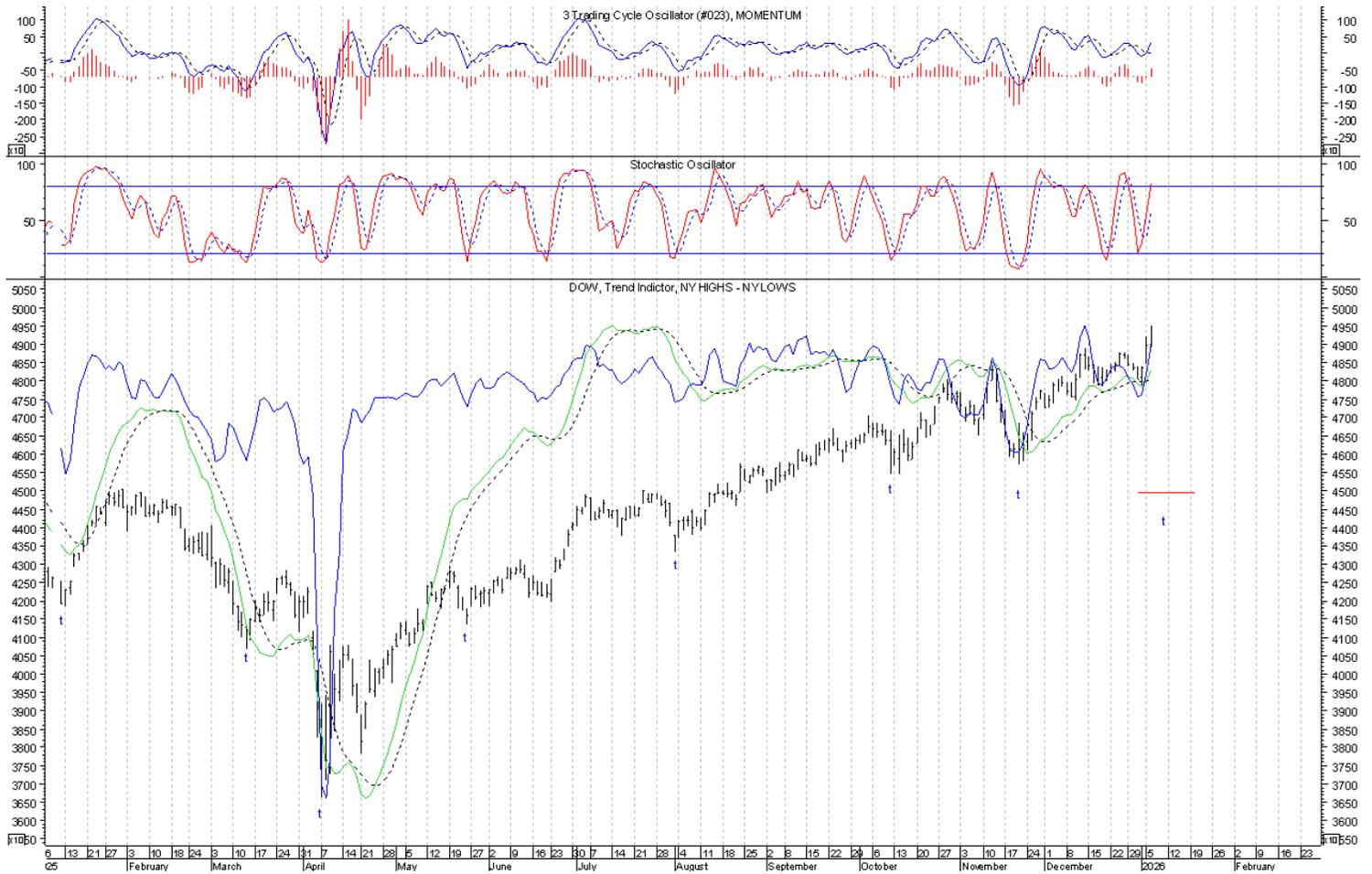
redundant, but with the advance out of the October low carrying the Industrials yet another new high, the current setup with the CheckMate Chart has indeed proven to be different from the 2000, 2007 and the 2020 setup. However, with the resumption of the rate cutting cycle, this setup nonetheless continues and for that reason, we remain at a critical juncture for Equities.

The expectation has been for Crude Oil's advance out of the December 16th daily swing low to be counter-trend. That expectation has not changed. On Monday Crude Oil reversed higher but in the absence of a daily swing low, a short-term buy signal was not triggered. On Tuesday Crude Oil initially moved higher, completing the formation of a daily swing low and with the daily CTI having turned up on Monday, a short-term buy signal was triggered. But, because of Tuesday's reversal lower, this buy signal is questionable and must be confirmed with a close above Tuesday's high as confirmation of this signal. Gasoline also completed the formation of a daily swing low on Tuesday and with the upturn of the daily CTI, a short-term buy signal was triggered here as well. But, as with Crude Oil, because of the reversal lower, this buy signal is questionable and as confirmation must also be confirmed with a close above Tuesday's high. Natural Gas triggered a short-term sell signal on December 30th and with the ongoing decline, that sell signal remains intact. The CRB Index triggered a short-term buy signal on Monday and the expectation is for this advance to again be counter-trend. Gold and the XAU triggered short-term buy signals on Monday in conjunction with what proved to have been a slightly early trading cycle low. It is this trading cycle advance that serves as the structural test of the intermediate-term cycle top. The December 26th short-term buy signal on the Dollar remains intact and with the continued advance, the evidence is increasingly suggestive of the trading cycle low having been seen in conjunction with the additional push down into the December 24th daily swing low. A right-translated trading cycle advance will now be indicative of the higher degree intermediate-term cycle low. The timing band for the now due trading cycle low on the long-Bond runs between December 12th and January 5th. Based on the current price/oscillator picture, the evidence continues to point to this low having been seen on December 23rd. While this low has continued to hold, Friday's completion of a daily swing high and the accompanying downturn of the daily CTI leaves Bonds at risk of a failing and left-translated trading cycle.

The Intermediate Term Advancing Issues Line, plotted in red, ticked marginally higher on Friday and that upturn has continued in conjunction with the advance out of the trading cycle low. The crossing of the Green MA above the Black MA has served as further confirmation of the intermediate-term cycle low. As a result, another downturn will be suggestive of the intermediate-term cycle top.

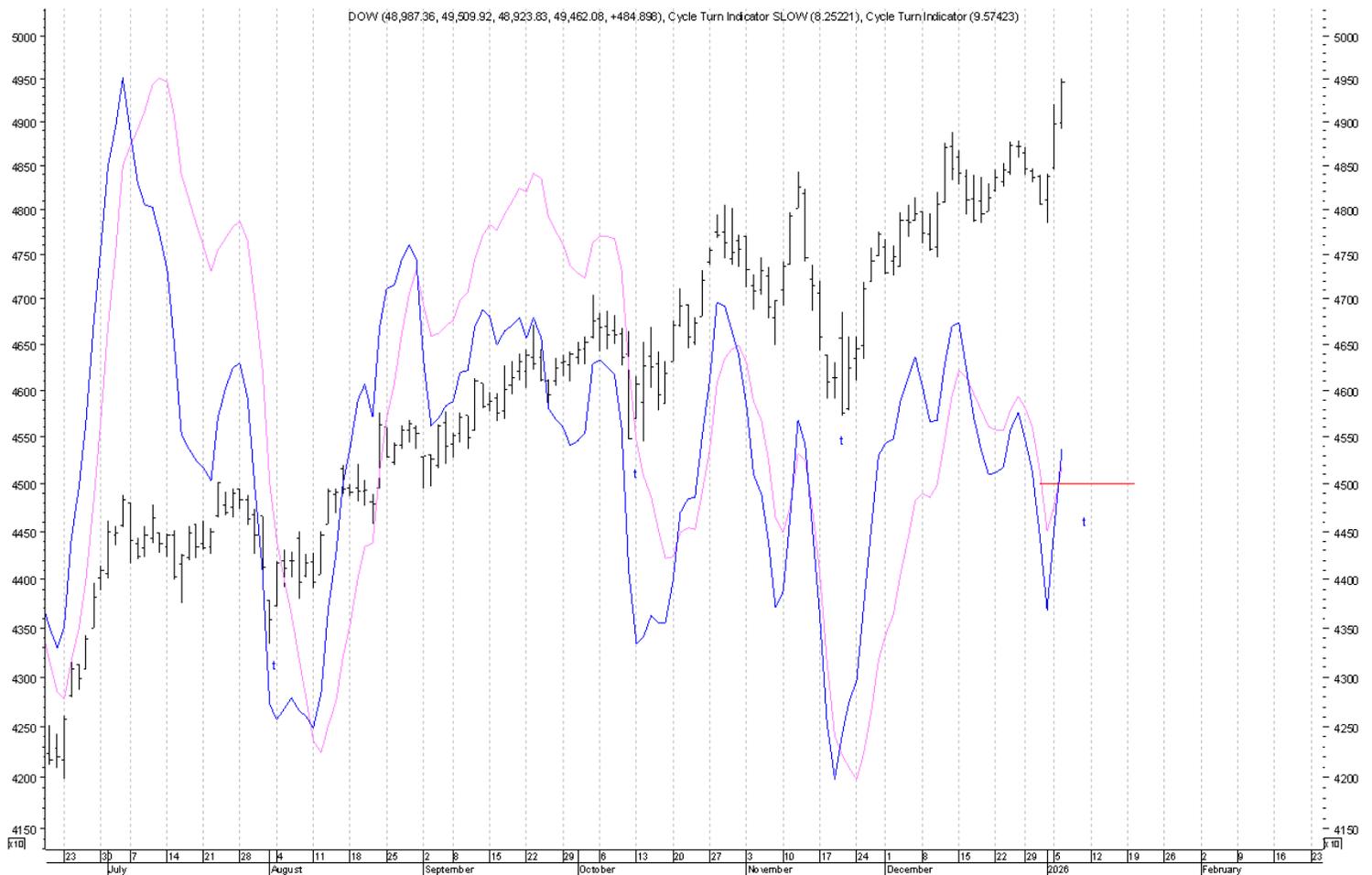


The **Trading Cycle Oscillator** in the upper window has also turned up in association with the advance out of the trading cycle low and the **Momentum** Indicator has crossed back above its zero line. The **5 3 3 Stochastic** in the middle window had ticked up from near oversold levels on Friday and the continued upturn has served as additional confirmation of the trading cycle low. The **New High/New Low Differential**, plotted with price, ticked marginally higher on Friday and here too, that upturn continues. The **Trend Indicator** has crossed back above its trigger line.



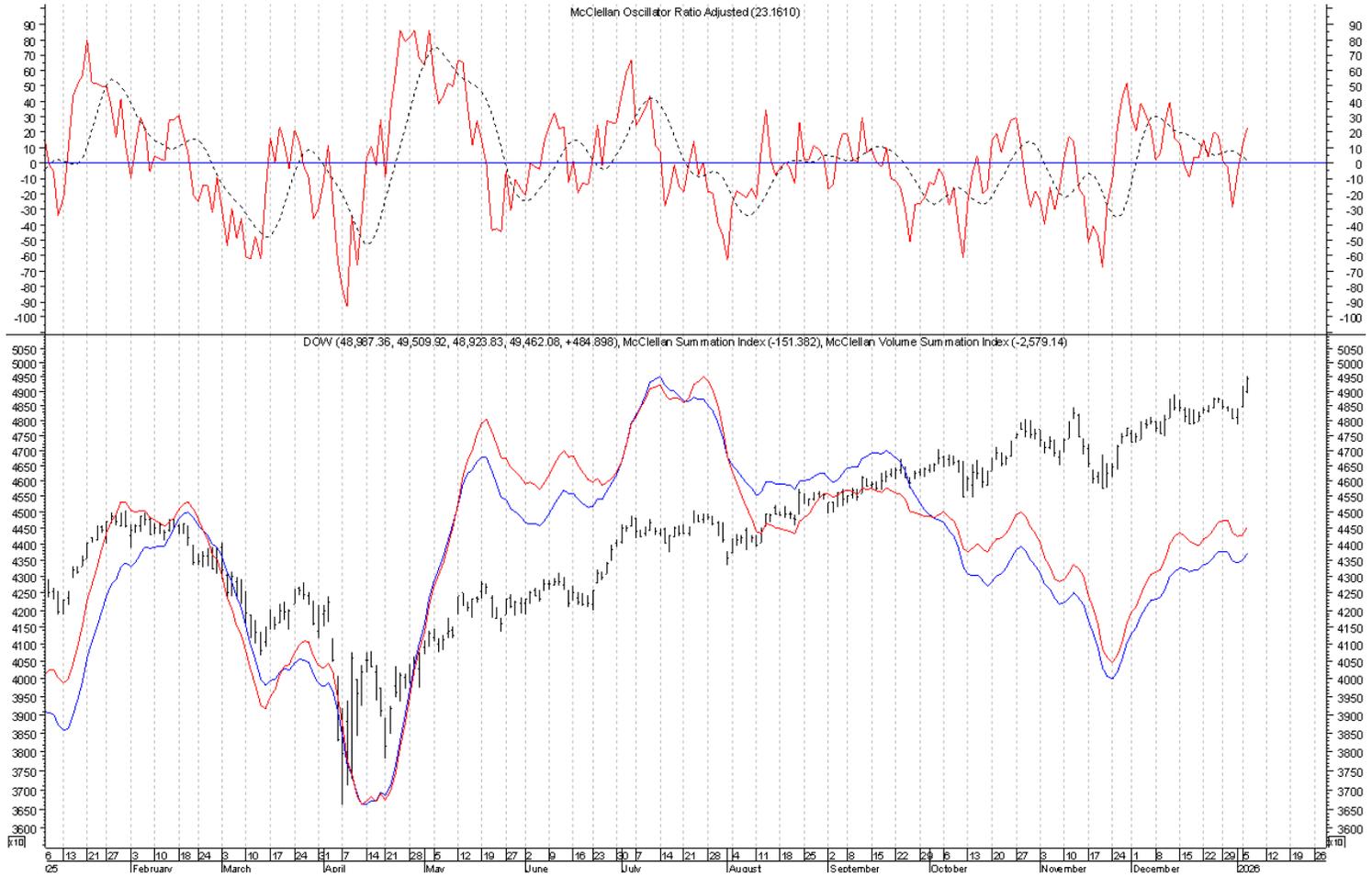
The Three Primary Short-Term Indicators are the **Original** and the **Slow** Cycle Turn Indicators, both plotted below, and the **NYSE New High/New Low Differential**, plotted with price above.

On Monday the Industrials completed the formation of a daily swing low and with the upturn of ALL Three of the Primary Short-Term Indicators, a short-term buy signal was triggered. Ideally, I would like to have seen continued weakness as we moved into the middle portion of the timing band for this low, but with price nonetheless having moved into the timing band, we knew that the completion of a daily swing low and upturn of ALL Three of the Primary Short-Term Indicators should serve as confirmation of the trading cycle low, which proved to have bottomed on January 2nd.

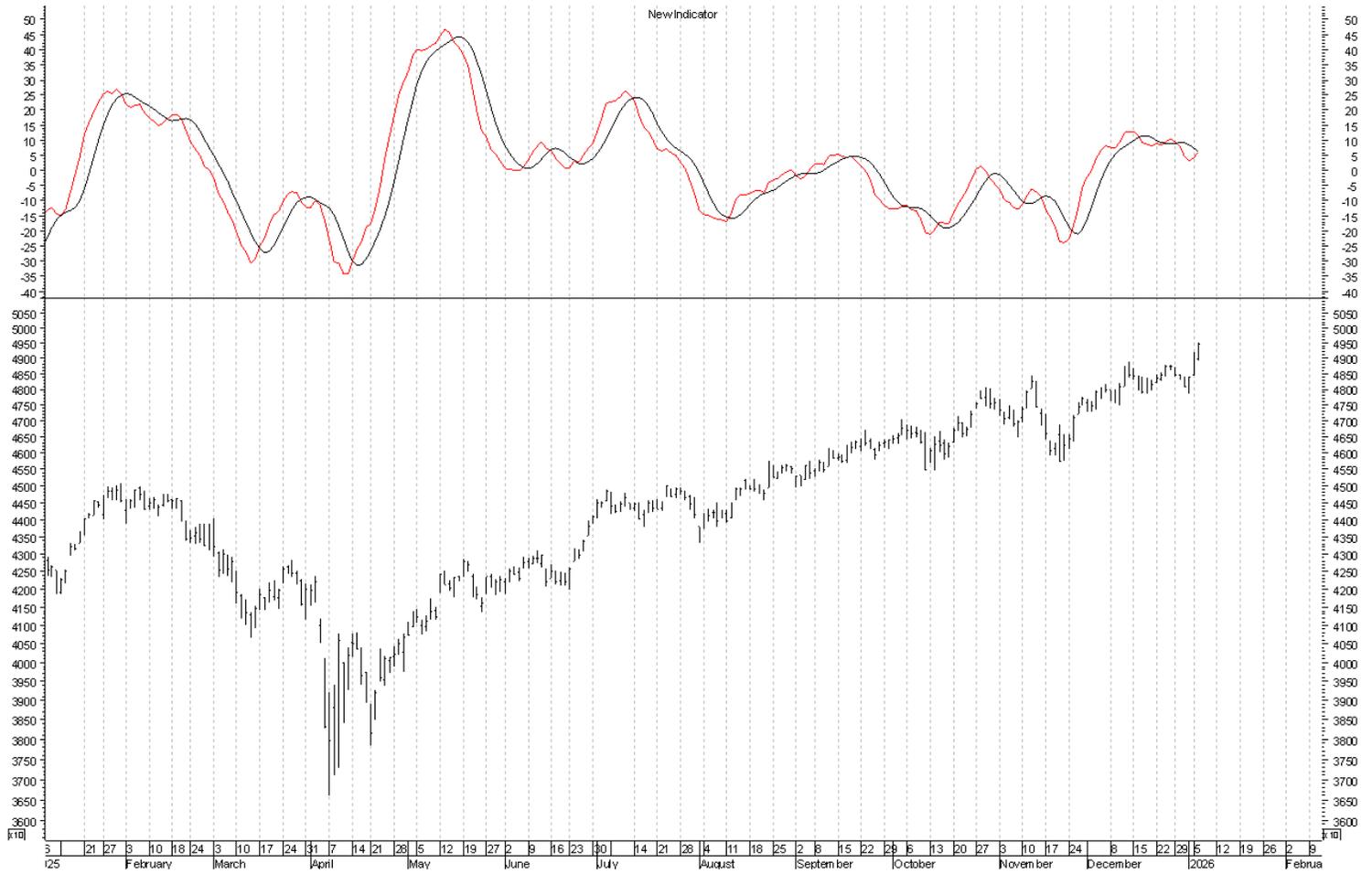




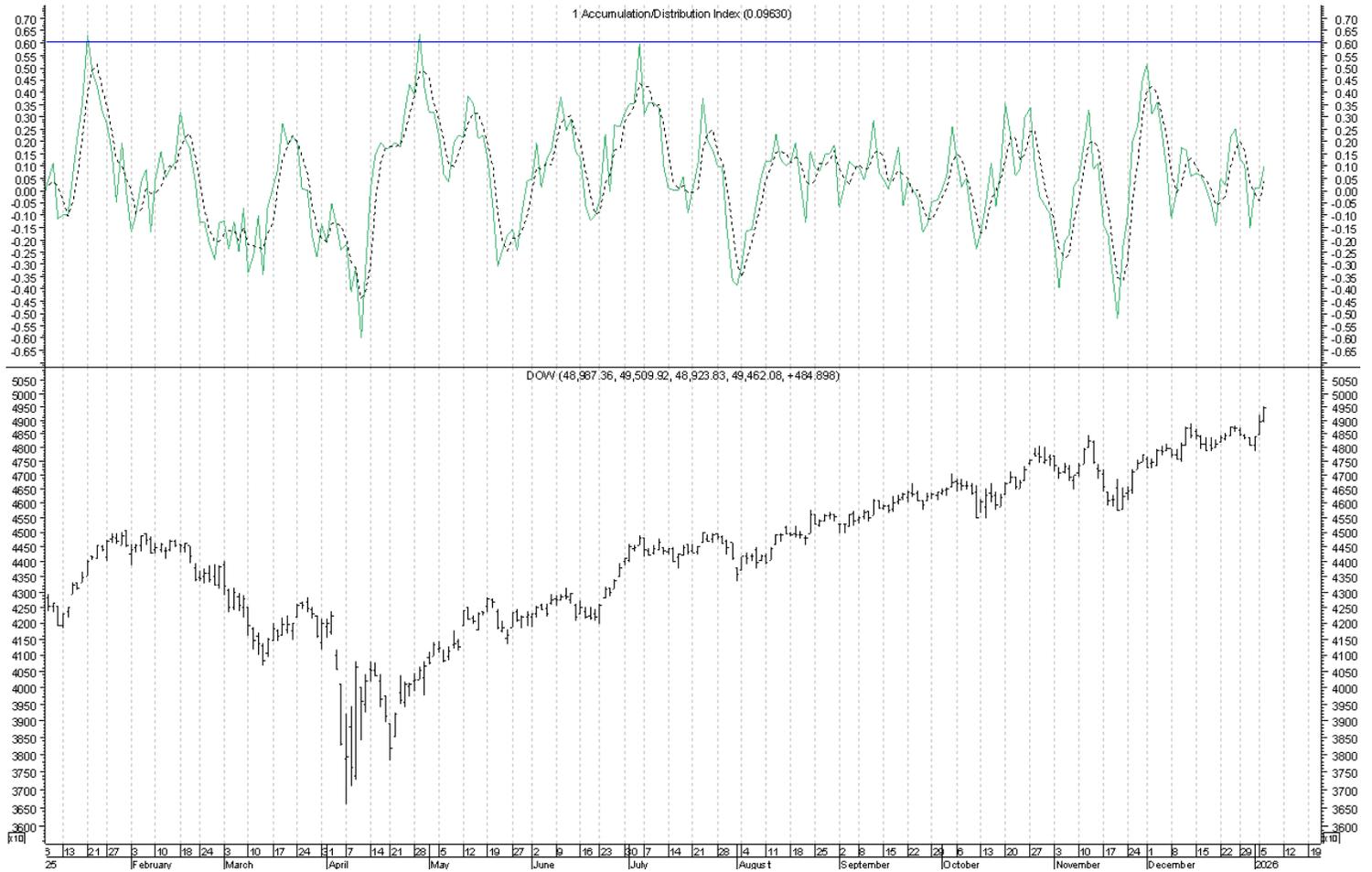
Both the **McClellan Summation Index** and the **McClellan Volume Summation Index** have also turned back up in association with the advance out of the trading cycle low. The **Ratio Adjusted McClellan Oscillator** turned back up on Friday and with the upturn above both the trigger and zero lines, Monday's buy signal has been confirmed in association with the corresponding trading cycle low.



The smoothed McClellan oscillator is sitting right on its trigger line and here too, a crossing above the trigger line will serve as additional confirmation of the trading cycle low.



The **Accumulation/Distribution Index** had crossed back above its trigger line, which in doing so we knew had begun telegraphing the trading cycle low. With the triggering of a short-term buy signal on Monday and the continued advance on Tuesday, this low proved to have bottomed on the early side of the timing band in conjunction with the January 2nd low.

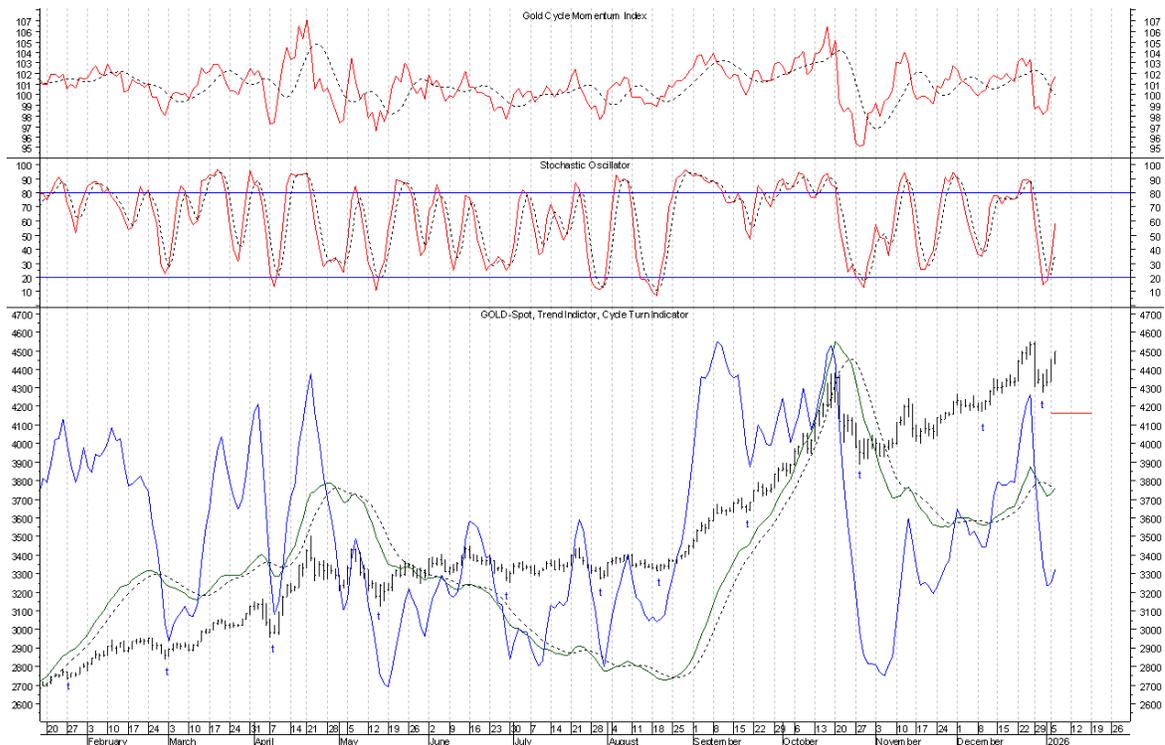


## Gold

End of Week Intermediate-Term Indicator Summary <b>Intermediate-Term Sell</b>	
<b>Primary Indicators</b>	
Formation of a Weekly Swing High	Bearish
Cycle Turn Indicator (CTI)	Bearish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bullish
Cycle Momentum Indicator	Bearish
<b>Secondary Indicators</b>	
5 3 3 Stochastic	Bearish

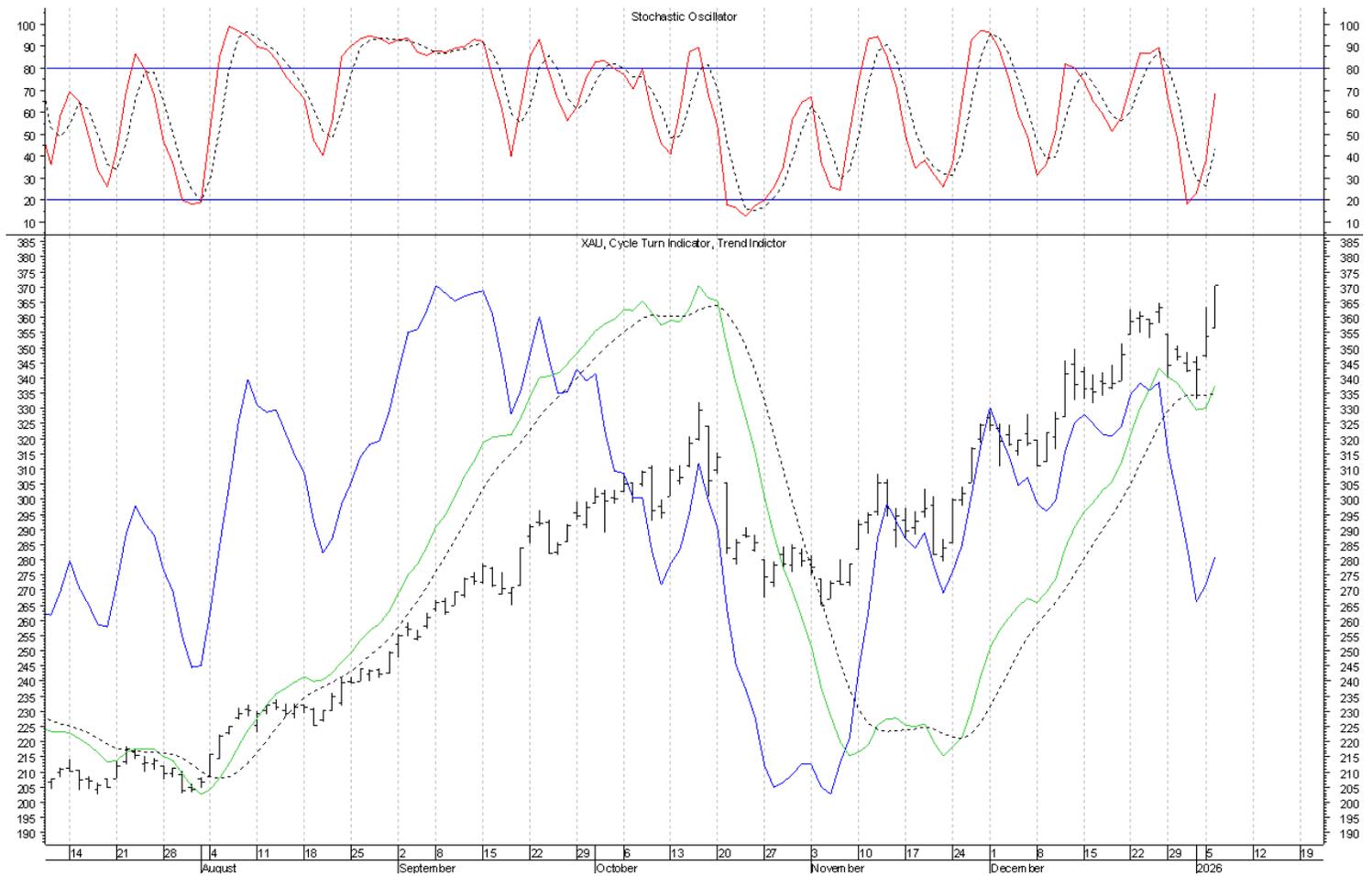
Daily Indicator Summary <b>Short-Term Buy</b>	
<b>Primary Indicators</b>	
Formation of a Daily Swing Low	Bullish
Cycle Turn Indicator (CTI)	Bullish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bearish
Cycle Momentum Indicator	Bullish
<b>Secondary Short Term Indicators</b>	
5 3 3 Stochastic	Bullish

The timing band for the current trading cycle low runs between January 5th and January 19th. On Friday Gold completed the formation of a daily swing low, but with the daily CTI remaining negative, a short-term buy signal was not triggered and with the timing band for the trading cycle low still ahead, the expectation was for another push down into this low. But, with the continued advance on Monday turning the daily CTI up, a short-term buy signal was triggered and while we are still within the early portion of the timing band for this low, every indication is that the trading cycle low has been seen. With a weekly swing high also in place, Gold remains at risk of the intermediate-term cycle top and it is the advance out of this trading cycle low that now serves as the structural test of the higher degree intermediate-term cycle top. This short-term buy signal will remain intact until both a daily swing high AND downturn of the daily CTI are seen. Another daily swing high will be completed on Wednesday if 4,497.18 is not bettered and of 4,426.09 is violated.



# XAU

The last trading cycle low was seen on December 8th and with the completion of a daily swing low and the corresponding upturn of the daily **CTI** on Monday, a short-term buy signal was triggered in association with the current trading cycle low. With the December high having been bettered, we have seen a continued advance into the intermediate-term and seasonal cycle top. A left-translated trading cycle top will be suggestive of the higher degree intermediate-term cycle top, but until a daily swing high and downturn of the daily **CTI** are seen, this short-term buy signal and trading cycle advance will remain intact. A daily swing high will be completed on Wednesday if 370.59 is not bettered and if 356.30 is violated.



## Dollar

### End of Week Intermediate-Term Indicator Summary **Intermediate-Term Sell**

#### Primary Indicators

Formation of a Weekly Swing High	Bearish
Cycle Turn Indicator (CTI)	Bearish

#### Confirming Indicators

Trend Indicator (TI)	Bullish
Cycle Momentum Indicator	Bearish

#### Secondary Indicators

5 3 3 Stochastic	Bullish
------------------	---------

### Daily Indicator Summary **Short-Term Buy**

#### Primary Indicators

Formation of a Daily Swing High	Bearish
Cycle Turn Indicator (CTI)	Bullish

#### Confirming Indicators

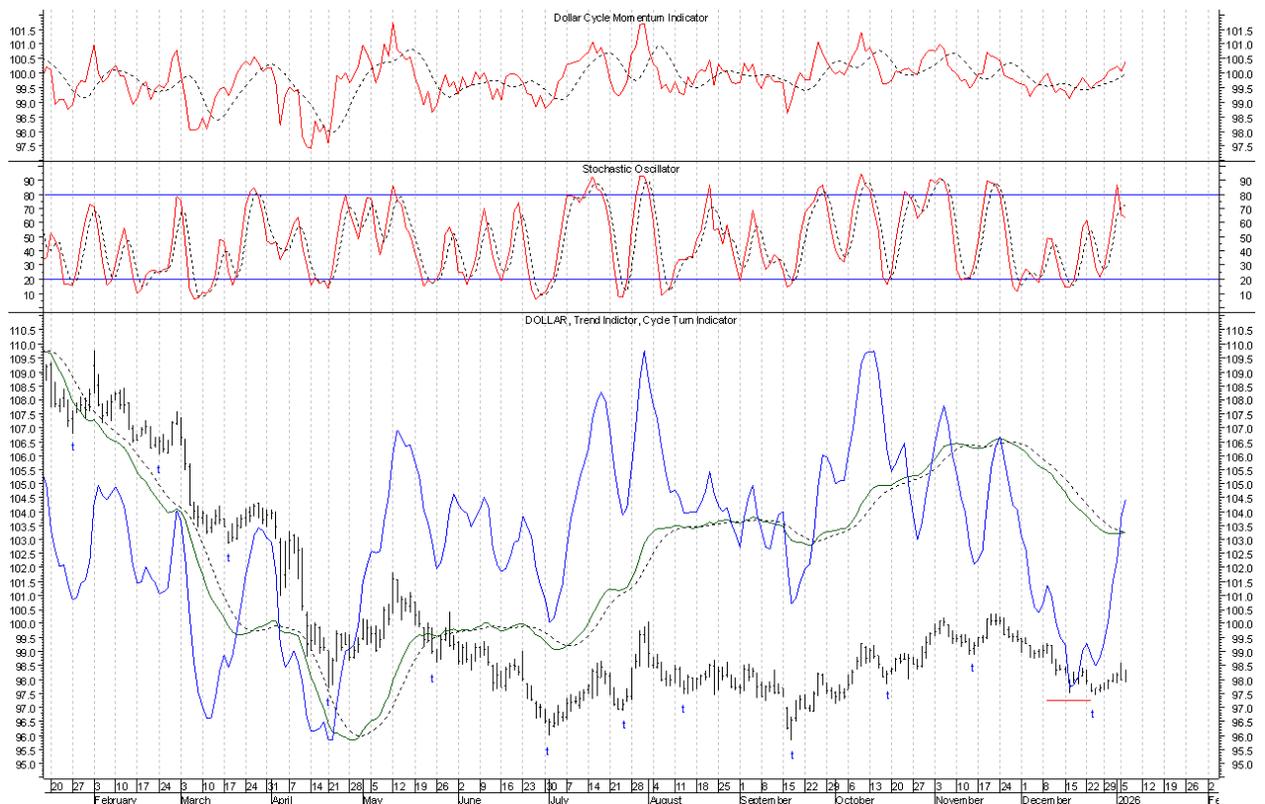
Trend Indicator (TI)	Bullish
Cycle Momentum Indicator	Bullish

#### Secondary Indicators

5 3 3 Stochastic	Bearish
------------------	---------

The timing band for the current trading cycle low ran between December 9th and December 23rd. As explained in previous updates, every indication continues to be that this low was seen in conjunction with the additional push down into the December 24th daily swing low and the December 26th short-term buy signal will continue to remain intact until both a daily swing high and downturn of the daily CTI are seen. Ideally, I would like to see one more trading cycle down as we are now moving into the early portion of the timing band for the intermediate-term cycle low. But, with a weekly swing low in the making, we now have a structural footing in place for the intermediate-term cycle low. If this trading cycle can continue higher with a right-translated structure, then every indication will be that the intermediate-term cycle has bottomed slightly early in

conjunction with the current trading cycle low. Another daily swing low will be completed on Wednesday if 97.88 holds and if 98.36 is bettered.

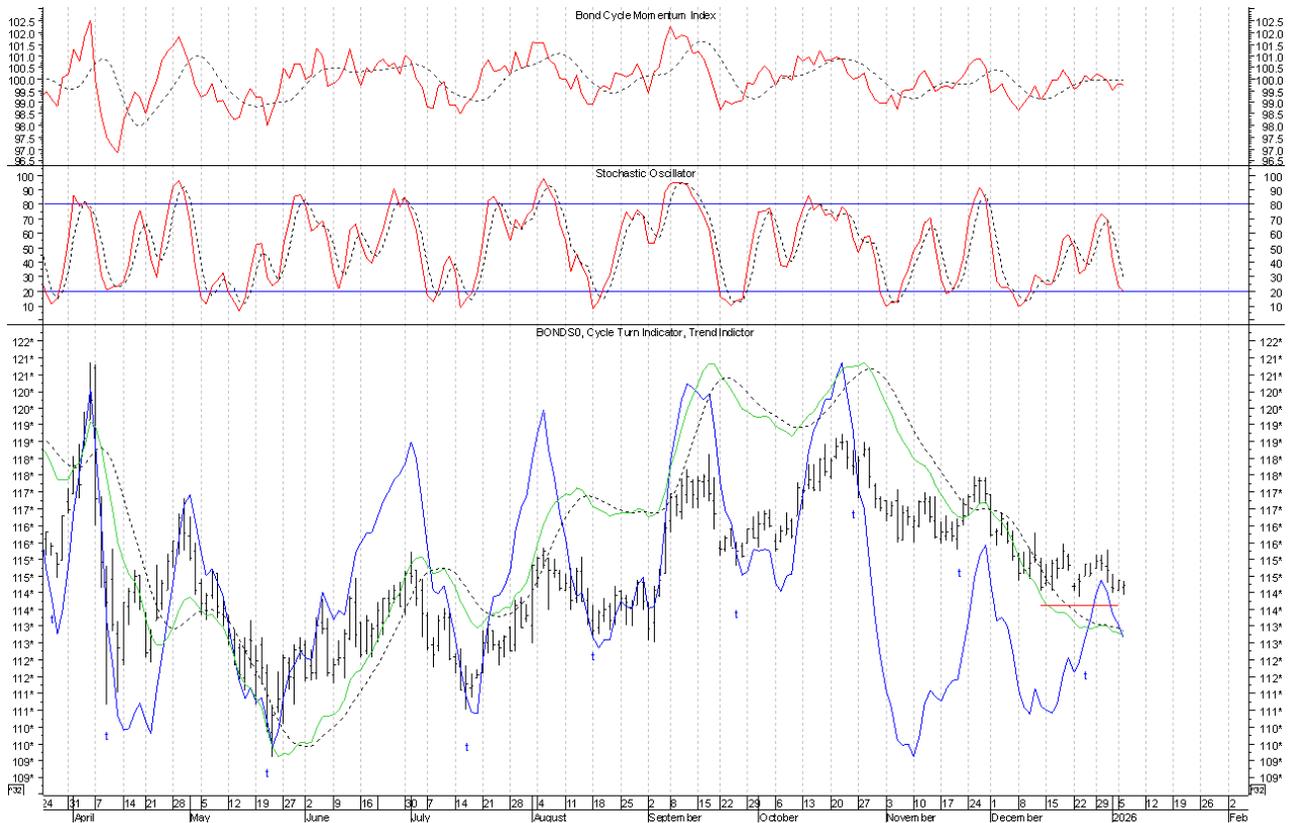


## Bonds

End of Week Intermediate-Term Indicator Summary <b>Intermediate-Term Sell</b>	
<b>Primary Indicators</b>	
Formation of a Weekly Swing High	Bearish
Cycle Turn Indicator (CTI)	Bullish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bearish
Cycle Momentum Indicator	Bearish
<b>Secondary Indicators</b>	
5 3 3 Stochastic	Bullish

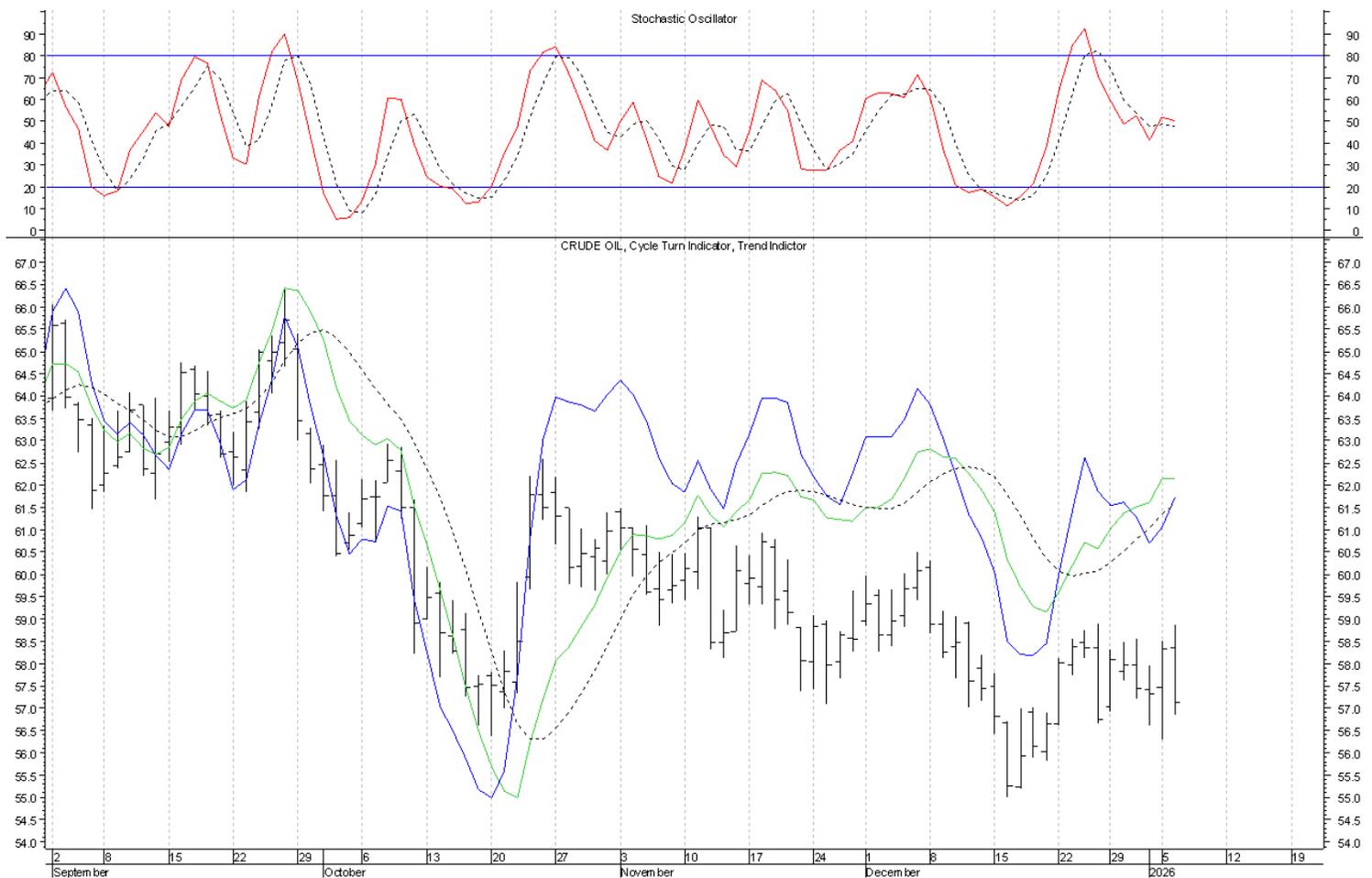
Daily Indicator Summary <b>Short-Term Sell</b>	
<b>Primary Indicators</b>	
Formation of a Daily Swing High	Bearish
Cycle Turn Indicator (CTI)	Bearish
<b>Confirming Indicators</b>	
Trend Indicator (TI)	Bearish
Cycle Momentum Indicator	Bearish
<b>Secondary Short Term Indicators</b>	
5 3 3 Stochastic	Bearish

The timing band for the now due trading cycle low runs between December 12th and January 5th. Based on the current price/oscillator picture, every indication is that this low was seen on December 23rd. While this low has thus far held, the risk of a failed and left-translated structure remains. It is the advance out of this trading cycle low that will be structurally key with respect to the higher degree intermediate-term cycle in that we need to see a right-translated trading cycle advance. Confirmation of a failed and left-translated trading cycle will leave Bonds positioned for another trading cycle down into the higher degree intermediate-term cycle low.



## Crude Oil

The decline below the October intermediate-term cycle low left Crude Oil positioned with a left-translated intermediate-term cycle and for that reason, the expectation has been for the advance in association with the December 16th daily swing low to be counter-trend and this expectation has not changed. On Monday Crude Oil reversed higher but in the absence of a daily swing low, a short-term buy signal was not triggered. On Tuesday Crude Oil initially moved higher, completing the formation of a daily swing low and with the daily CTI having turned up on Monday, a short-term buy signal was triggered. But, because of Tuesday's reversal lower, this buy signal is questionable and must be confirmed with a close above Tuesday's high as confirmation of this signal. That said, any further weakness on Wednesday that completes the formation of another daily swing high will be suggestive of this advance having run its course. Another daily swing high will be completed on Wednesday if 58.87 is not bettered and if 56.84 is violated.



©2026 Cycles News & Views; All Rights Reserved

[timwood1@cyclesman.com](mailto:timwood1@cyclesman.com)